

# **AEON MALL BSD ©** +6221 3971 3777

## **Fall Term Schedule** Jul 22<sup>nd</sup> until Oct 20<sup>th</sup> 2024



	Monday				Tuesday				Wednesday			Thursday			Friday			Saturday				Sunday						
Time	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3
08.00 08.30																								~		<u> </u>	<u> </u>	
08.30																							Α	<u> </u>			& TEN	
09.00																							BC	U.	630		Q	
09.00 09.30			(S) (P)			Baby Jam	(IN)	<b>LEARN</b> &PLAY							<b>E</b> TP	&PLAY			<b>S</b> re					ett s	ED	BAP	PEA	
09.30			rimary			6-18	rimary	1			Primary				rimary	1			rimary									
10.00			5			mo	5	6-18 mo			5				5	6-18 mo			5				-					
10.00 10.30	Jumper		5-6 yrs		Crawler		5-6 yrs	<b>LEARN</b> &PLAY	Walker	Baby	5-6 yrs	<b>LEARN</b> &PLAY	Crawler		5-6 yrs	&PLAY	Jumper	Baby	5-6 yrs		Jumper	Baby			Crawler			
10.30	24-35 mo				6-18 mo	Dance 1-3 yrs		2		Dance 1-3 yrs		2	6-18 mo	Dance 1-3 yrs		2	24-35 mo	Dance 1-3 yrs			24-35				6-18			
<u>    11.00</u> 11.00	1110				1110	1 5 915		19-35 mo	_			19-35 mo	1110			19-35 mo					mo	1-3 yrs			mo		Dahar	
11.00	USA	Baby	SMART OLOGY		Jumper		SMART OLOGY	Baby	USA	Baby	SMART OLOGY	Barre+	Jumper	Baby Jam	SMART OLOGY		Walker	Baby	OLOGY	Rock	Walker	Baby			Walker		Baby Jam	
11.30		Dance 1-3 yrs	4			Dance 1-3 yrs	4	Dance 1-3 yrs		1_3 vrs	4	Adult19+	24-35 mo	6-18	4		12-23	Dance	4	<b>Jam</b> Adult19+	12-23 mo	Dance 1-3 yrs			12-23 mo		6-18	
12.00 12.00	04		4-5 yrs								4-J y13			mo	4-5 yrs		mo	1-3 yrs	4-5 yrs			1-5 yr 5		P-Ballet <sup>1/2</sup>			mo	
12.00	USA		SMART OLOGY		Walker	Baby	SMART OLOGY	<b>LEARN</b> &PLAY	USA		SMART OLOGY	<b>LEARN</b> & <b>PLAY</b>	Walker			<b>LEARN</b> &PLAY			SMART OLOGY	Move&			Sports				Baby	
12.30			3		12-23 mo	7	3	2			3	2		Dance 1-3 yrs		2			3	Groove 3-5 yrs			Ū3	1			Dance 1-3 yrs	
<u>13.00</u> 13.00	U5-7		3-4 yrs			2-3 yrs P-Ballet <sup>1/2</sup>	3-4 yrs	19-35 mo	U5-7		3-4 yrs			1-5 yr 3		19-35 mo			3-4 yrs	0 0 910				3-5 yrs Baby			1 0 )10	
13.00 13.30	Walker		ne.		Jumper		<b>n</b> re		Walker		(The second seco	Baby	Jumper		(marce)	Sports	Jumper		<b>re</b>		USA	Sports	K-Pop		Jumper		Move&	
13.30	12-23 mo	Dance 1-3 yrs			24-35 mo	×	Frimary		12-23 mo	Dance 1-3 yrs	o miniary	¥	24-35		Primary	Ú4/5	24-35 mo		<b>F</b> rimary			Ú4/5	U7-18	×.	24-35 mo		Groove 3-5 yrs	
14.00	mo	1-5 yr 5	6			3-5 yrs	6		mo	1 3 913	6	2-3 yrs	mo		6		1110		6		U4			2-3 yrs	1110		5 5 915	
14.00 14.30	Jumper		5-7 yrs		USA	PP/P	5-7 yrs		Jumper	Martial	5-7 yrs	Sports			5-7 yrs	Move&	USA		5-7 yrs	RockFit	USA	Muay	Move&	PP/P	USA		Sports	
14.30		Groove 3-5 yrs				X		U4/5	24-35	Arts 4-7 yrs		Ú4/5				Groove 3-5 yrs				U5-7		Thai 6+ yrs	Groove 3-5 yrs	1			U3	
<u> </u>	1110	5-5 yr 3			U4	5+ yrs			1110	4 / yr 3		P-Ballet <sup>1/2</sup>				5 5 yr 5	U4				U5-7		5-5 yrs	5+yrs	U4			
15.30	USA	Martial			USA	Recital	Move&		USA	Muay	Stage	P-Ballet	USA	Sports		Stage	USA	Move&	RockFit		USA		Stage	×.	USA		Stage	
15.30	<u>~</u>	Arts 4-7 yrs				115-7	Groove 3-5 yrs			Thai 6+ yrs	Studio U5-7	7		Ú4/5		Studio U5-7		Groove 3-5 yrs	117-18				Studio U5-7	Gr.1		Thai 6+ yrs	Studio – U5-7	
<u>    16.00</u> 16.00	U4	4 / yr3		U5-9	U5-7	103-7	)		U4			3-5 yrs PP/P	1					J-J yr 5			U8-18			(Skill dep.)	U8-18	- <b>,</b>		
16.30	USA		Trad.		USA	¥.	Stage Studio	RockFit	USA	RockFit U7-18	Move&	2	USA	Martial	RockFit	K-Pop	USA	Stage	Martial		USA	Martial	H-Hon		USA	Martial		
16.30		Thai 6+ yrs	Dance			Gr.1-3	U5-7	U7-18		U7-18	Groove 3-5 yrs	5+ yrs		Arts 4-7 yrs	117-18	U7-18		Studio U5-7	Arts 4-7 yrs		<u>~</u>	Arts 4-7 yrs	U7-18	Founda-	- Contraction of the second se	Arts 4-7 yrs		
17.00	007	01 913	07-10	U8-18		(Skill dep.)			05-7			5+ yrs	U5-7	4=7 yr3			U8-18				U8-18	- / yr 3		Founda- tion & L1 U8-18	U5-7	4 / yr 3		
17.00	USA	Tkd.	Stage		Elite	Recital	K-Pop		USA	Tkd.	RockFit	¥ I	USA	Muay	RockFit	Recital	Elite	Н-Нор	Tkd.	Barre+	Parkour		Recital	Recital		Tkd.		
17.30		[] 6+ yrs	Studio U5-7			K	U7-18			[] 6+ yrs	U5-7	Gr.1		Thai 6+ yrs	U5-7	U5-8	5	U7-18	[]-∎ 6+ yrs	8+ yrs	7+ yrs					]-∎ 6+ yrs		
<u>18.00</u> 18.00	U8-18	- <u>,</u>				T			U8-18	. , .		(Skill dep.)	U8-18	0. 110			- A		er jie		Flite					<b>e</b> + <b>j</b> + <b>e</b>		
18.30	Elite	Tkd.				U7-18	Recital	Dance Adults	Parkour	Tkd.						Keçîtal		Rock Jam			Elite		U5-18	U8-18				
18.30	USA	- <b>-</b> 6+ yrs						19+ yrs	7+ yrs	- 6+ yrs						The second		8+ yrs						Ballet				
<u>    19.00</u> 19.00		0+ y15					K			<b>0</b> · <b>J</b> · <b>3</b>						$\Lambda$								Adults				
19.30							U8-18									U5-18								19+ yrs				
19.30																												
20.00																									2			
20.00																									ENK	<u>MM</u>	eny,	
20.30		PR	ESCHOO	L : LEAF	N&PL	AY1	LEARN 8	PLAY	2 50	RTOLO	GY3	SMART	OLOGY	4 K	INDERG	ARTEN	Pre Prim	ary 5	Pre	ary 6				-V~8				
21.00	INDEX		Gymna			leading	🧍 Ball			nporary D		Broadv		Dance	~	ekwondo		e : up to		<u> </u>							<b>P3008</b>	
		June 1	<u>~ ·</u>				1		•		/	1		• •	l l la									VISOE				

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

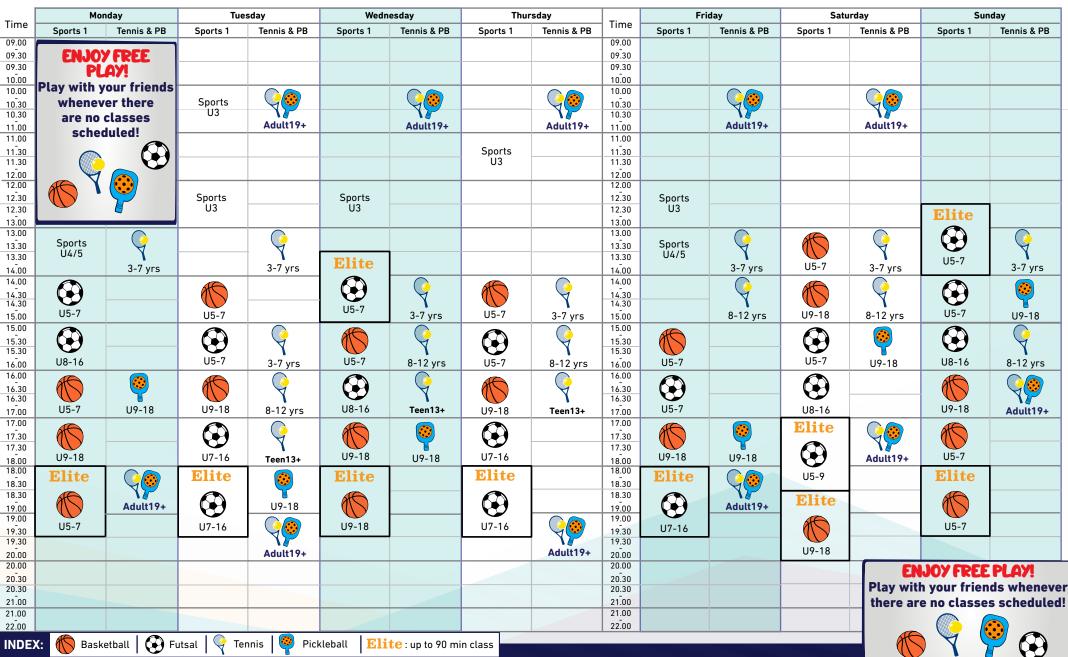


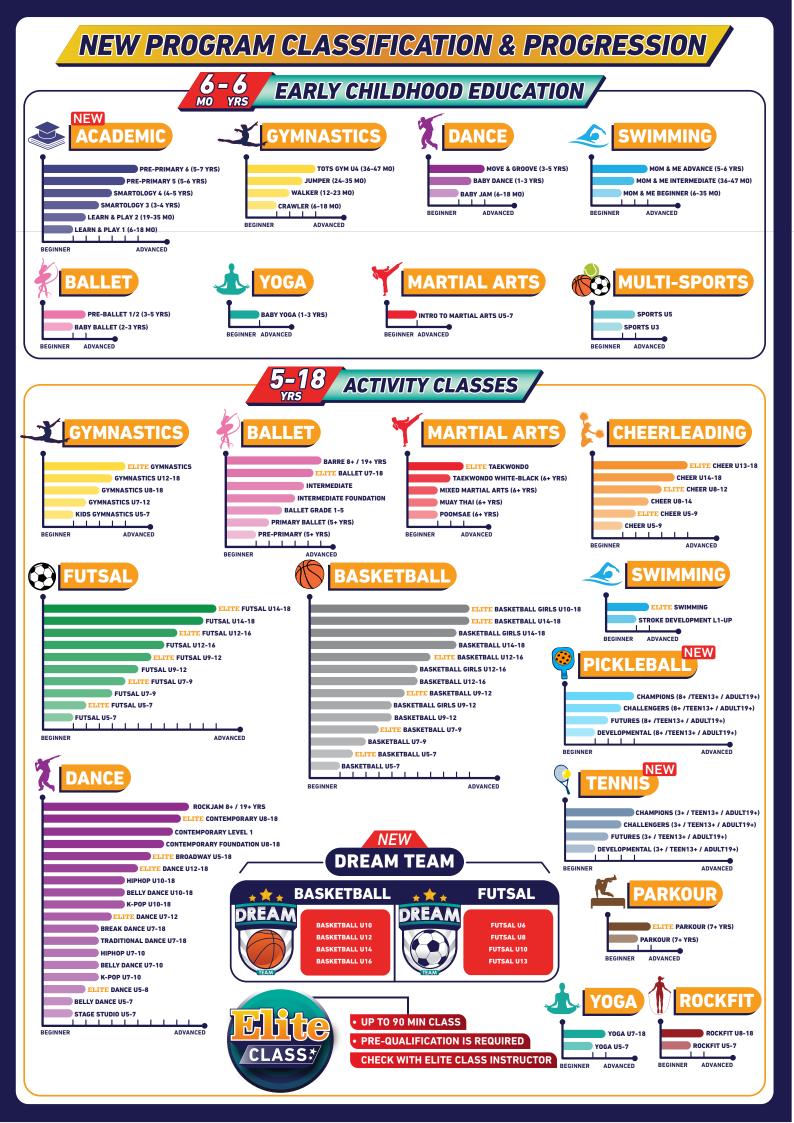


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## Fall Term Schedule Jul 22<sup>nd</sup> until Oct 20<sup>th</sup> 2024









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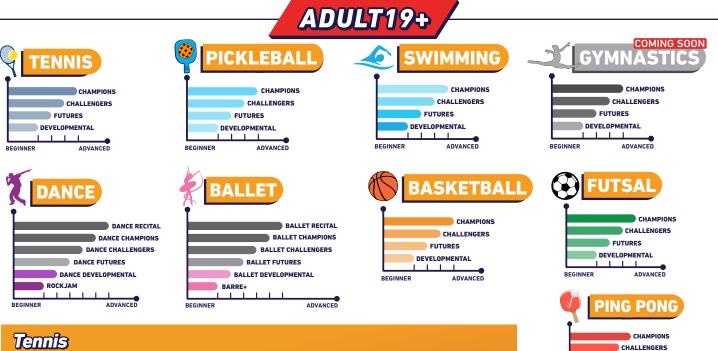
## Fall Term Schedule Jul 22<sup>nd</sup> until Oct 20<sup>th</sup> 2024 Adult19+ Only





Time	Monday		Tuesday		Wednesday		Thu	rsday	Fri	day	Satu	ırday	Sunday		
Time	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	
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10.30 11.00		classes		Adult19+		Adult19+		Adult19+		Adult19+		Adult19+			
11.00	sche	duled!		Add((17+		Add((17+		Add((17+		Add((17)		Add((17)			
11.30					Barre+				RockJam						
11.30	1 ( )				Adult19+				Adult19+						
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		4										Adult19+			
18.00 18.00			Dance												
18.30			Dance Adult												
18.30		Adult19+	19+ yrs							Adult19+	Ballet				
<u>19.00</u> 19.00		Auull17+								Auull17+	Adults				
19.30								] 🤤 😳 🔄			19+ yrs				
19.30				NZ~				N/				ENJ	OY FREE P	lay!	
20.00				Adult19+				Adult19+				Play with	your friends	s whenever	
20.00 20.30												there are	no classes	scheduled!	
20.30															
21.00															
21.00															
22.00													•		
	INDEX:	🗧 Tennis 🛛 🧐	Pickleball												

# **NEW PROGRAM CLASSIFICATION & PROGRESSION**



Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

#### **Pickleball**

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

#### **Barret**

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

#### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

# Elite

Termly Competition where teams of equal skill divisions compete against each other.

#### Ballet & Dance Leveling:

Developmental	: Introduction level will help to discover your passion and potential.
Futures	: Learn fundamentals & build a strong foundation.
Challengers	: Elevate your skills, refined techniques & challenge yourself.
Champions	: Embark on a journey of artistry, mastering complex choreography & routines.
Recital Adult19+	: Recital is a celebration of movement, creativity & dedication, where you will share your
	passion with friends & family.

### Sports Team's Divisions: 🧧 📢 🗞 🖉 🌾

Champions: Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.Challengers: Sharpen your skills, explore new tactics & enjoy friendly competitions.Futures: Dive into the game basics, build a strong foundation & be part of developmental team.Developmental: Introduction level will help you ease into the game, discovering your passion and potential.

#### Events& competitions



DEVELOPMENTAL

Introductory Level

FUTURES

DEVELOPMENTAL

nner advanced

**CHAMPIONS** 

FUTURES Beginner Level

Advance Level

CHALLENGERS Intermediate Level

An Annual stage showcase featuring variety of arts performed in front of an audience.