

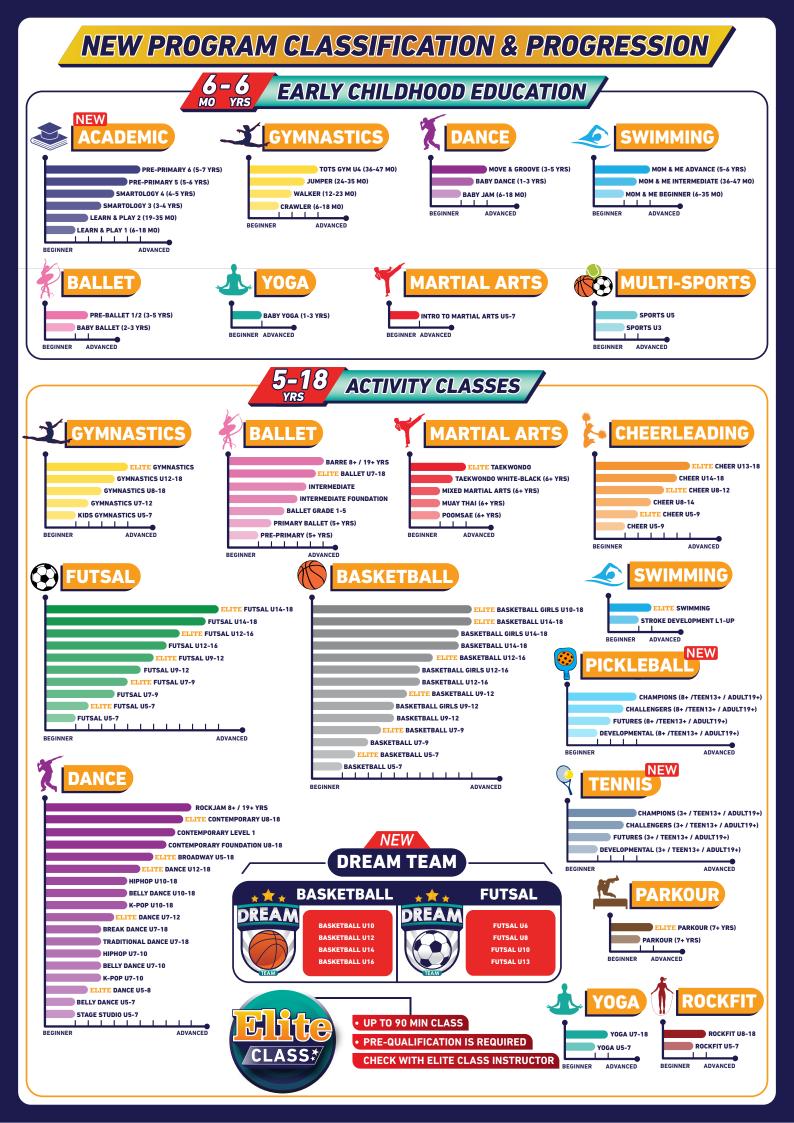
AEON MALL BSD C +6221 3971 3777

Fall Term Schedule Jul 22nd until Oct 20th 2024 Updated Aug 19th



	Monday					Tuesday				Wednesday			Thursday				Friday			Saturday			Sunday					
Time	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3
08.00																								~				
08.30																							A	-R			2	
09.00						Baby										LEARN							BC			hĉĉ		
09.30			Dimory			Jam	Dre	&PLAY			Primary				Primary	&PLAY			Primary				K	ind	ER.	JAR	TEN	
09.30 10.00			rimary 5			6-18 mo	rimary 5	1 6-18 mo			5				5	6-18 mo			5									
10.00	lumpor		5-6 yrs		Crowler	Baby	5-6 yrs	LEARN	Walker	Baby	5-6 yrs	LEARN	Crowler	Dahu	5-6 yrs		Jumper	Baby	5-6 yrs									
<u> 10.30</u> 10.30	Jumper 24-35		5 0 yr 5		Crawler 6-18	Dance	5 6 915	&PLAY 2	12-23	Dance	5 0 915	&PLAY 2	Crawler 6-18	Dance		&PLAY 2		Dance	5 0 yr 5		Jumper 24-35	Baby Dance			Crawler 6-18			
11.00	mo				mo	1-3 yrs		19-35 mo	mo	1-3 yrs		19-35 mo	mo	1-3 yrs		19-35 mo	mo	1-3 yrs			mo	1-3 yrs			mo			
11.00 11.30		Baby	SMART OLOGY		Jumper	Baby	SMART OLOGY	Baby	USA	Baby	SMART OLOGY	Panno	Jumper	Baby Jam	SMART OLOGY		Walker	Baby	SMART OLOGY	Rock	Walker	Baby			Walker		Baby Jam	
11.30		Dance 1-3 yrs	4		24-35 mo	Dance 1-3 yrs	4	Dance 1-3 yrs		Dance 1-3 yrs	4	Adult19+	24-35 mo	6-18	4		12-23	Dance	4	Jam Adult19+	12-23 mo	Dance 1-3 yrs			12-23 mo		6-18	
12.00 12.00	04	1-5 yr 5	4-5 yrs		1110		-		U4	1-5 yr 5	4-5 yrs			mo	4-5 yrs		mo	1-3 yrs	4-5 yrs		IIIO	1-3 yrs	·	P-Ballet ^{1/2}			mo	
12.30	USA		SMART OLOGY		Walker 12-23	Baby	SMART OLOGY	&PLAY	USA		SMART OLOGY		Walker 12-23						SMART OLOGY	Move& Groove			Sports	3			Baby Dance —	
12.30 13.00	U5-7		3 3-4 yrs		mo	7	3	2 19-35 mo	U5-7		3 3-4 vrs	2 19-35 mo		Dance 1-3 yrs		2 19-35 mo			3 3-4 yrs	3-5 yrs			U3	7 3-5 vrs			1-3 yrs	
13.00		Daha	0 4 J13		lumpor	P-Ballet ^{1/2}	5 4 yr 3	17-331110		Baby	5 4 yr 5	Baby				17-33110			5 4 yr 3		6/			Baby			Maya	
<u>13.30</u> 13.30	Walker 12-23	Baby Dance	Primary		Jumper 24-35	¥.	Preprimary		Walker 12-23	Baby Dance	Primary	¥	Jumper 24-35		Primary	Sports U4/5	Jumper 24-35		Premary		USA	Sports U4/5	K-Pop U7-18	¥.	Jumper 24-35		Move& Groove —	
14.00	mo	1-3 yrs	6		mo	/\ 3-5 yrs	6		mo	1-3 yrs	6	/\ 2-3 yrs	mo		6	04/5	mo		6		U4	04/0	07-10	2-3 yrs	mo	i	3-5 yrs	
14.00	Jumper	Move&	5-7 yrs		USA	PP/P	5-7 yrs	Sports	Jumper	Martial	5-7 yrs	Sports			5-7 yrs	Move&	USA		5-7 yrs	Deel/Fit	USA	Muay	Move&	PP/P	USA			
14.30 14.30	24-35	Groove				*		U4/5	24-35	Arts		U4/5				Groove				RockFit U5-7		Thai	Groove	-	USA		Sports U3	
<u>15.00</u> 15.00	mo	3-5 yrs			U4	5+ yrs			1	4-7 yrs		D. D. II. + 1/2				3-5 yrs	U4				U5-7	0+ yi 5	3-5 yrs	5+ yrs	U4			
15.30	USA	Martial		K.	USA	Recital	Move& Groove		USA	Muay	Stage Studio	P-Ballet ^{1/2}	USA	Sports		Stage Studio	USA	Move&	RockFit		USA		Stage Studio	¥	USA	Muay Thai	Stage Studio	
15.30	U4	Arts 4-7 yrs			U5-7	U5-7	3-5 yrs		U4	Thai 6+ yrs	U5-7	1	U4	Ú4/5		U5-7		Groove 3-5 yrs	U7-18		U8-18		U5-7	Gr.1			U5-7	
16.00	04			U5-9	1.	A be	Chang		04			3-5 yrs PP/P	04				1							(Skill dep.)				
16.30 16.30	USA	Muay Thai	Trad. Dance	1	USA	*		RockFit	USA	RockFit	Move& Groove	5	USA	Martial Arts	RockFit	K-Pop U7-18	USA	Stage Studio	Martial Arts		USA	Martial Arts	H-Hop	1	USA	Martial Arts		
17.00	U5-7	6+ yrs		U8-18	U8-18	Gr.1-3 (Skill dep.)	U5-7	U7-18	U5-7	U7-18	3-5 yrs	5+ yrs	U5-7	4-7 yrs	07-10	07-18	U8-18		4-7 yrs		U8-18	4-7 yrs	U7-18	Founda- tion & L1 U8-18	U5-7	4-7 yrs		
17.00		Tkd.	Stage		Elite	Recital			6	Tkd.				Muay		Recital	Elite		Tkd.		Dankour		Recital	Recital		Tkd.		
17.30 17.30	USA		Studio		9	1	K-Pop U7-18		USA	0	RockFit U5-7	Gr.1	USA	Thai	RockFit U5-7	U 5-8		H-Hop U7-18	☐- 6+ yrs	8+ yrs	Parkour 7+ yrs		The second	4				
18.00	U8-18	6+ yrs	U5-7		×				U8-18	6+ yrs		(Skill dep.)	U8-18	6+ yrs		17	×		6+ yrs				ΙΛ.	2		6+ yrs		
18.00 18.30	Elite	Tkd.				U7-18	Recital	Dance Adults	Parkour	Tkd.						Recital		Rock			Elite		U5-18	U8-18				
18.30	USA	-∎ 6+ yrs						19+ yrs	7+ yrs	-∎ 6+ yrs						The second		Jam 8+ yrs						Ballet				
<u> 19.00</u> 19.00		0. 913					1									1								Adults				
19.30							U8-18									U5-18								19+ yrs				
19.30																												
20.00																								X	Empr		ent	-0
20.30 20.30	_	ppi	ESCHOO		N&PL					RTOLO	CV3	SMADT	OLOGY.	/. 14	INDERG		: Premin		Prem) " 🖲 📘
21.00	INDEX						4		+			a.			<i>~</i>										5100		pens	3
		<u> </u>	Gymna	stics	⊱ Cheer	leading	🕴 🕈 🕴	let 🔁	Conten	nporary D	Dance	🖲 Broad	way 🛛 📢	Dance	Ta 🍸	ekwondo	Elit	te : up to	90 min o	lass								

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!





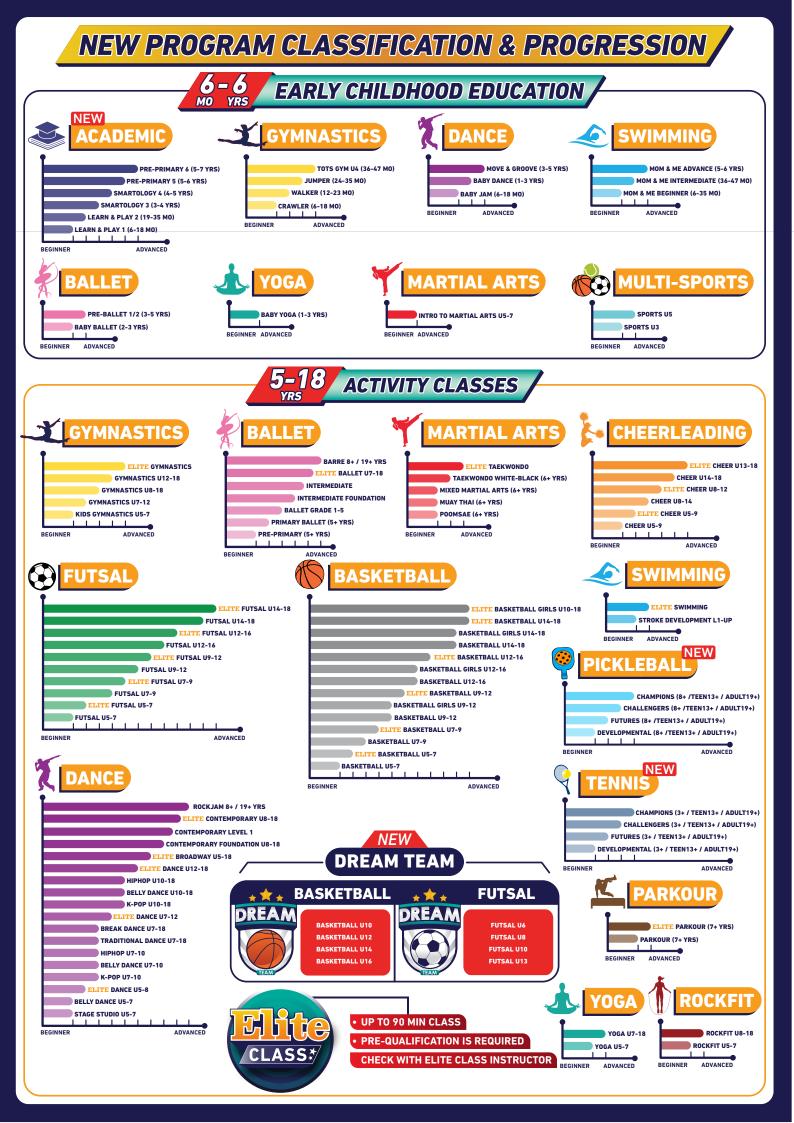
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Fall Term Schedule Jul 22nd until Oct 20th 2024 Updated Aug 19th





[Мо	nday	Tue	sday	Wedn	esday	Thu	sday		Fri	day	Saturday		Sunday	
Time	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1 Tennis & PB		Sports 1 Tennis & PB		Time	Sports 1	Tennis & PB	Sports 1 Tennis & PB		Sports 1	Tennis & PB
09.00									09.00						
09.30		Y FREE							09.30 09.30						
10,00		AY!							10.00						
10.00		our friends							10.00						
10.30		ver there	Sports U3						10.30		$\overline{\langle \Theta \rangle}$				
10.30 11.00	are no classes		03	Adult19+		Adult19+		Adult19+	10.30 11.00		Adult19+		Adult19+		
11.00	sche	duled!				Add((17)		Add((17+	11.00		Addition		Addition		
11.30							Sports		11.30						
11.30							Ū3		11.30						
12.00									12.00 12.00						
12.30			Sports		Sports				12.30	Sports					
12.30			U3		U3				12.30	U3				Elite	
13.00									13.00					-	
13.00 13.30	Sports								13.00 13.30	Sports		AFC I			
13.30	U4/5	Y		7				-	13.30	U4/5	7		7	U5-7	7
14.00		3-7 yrs		3-7 yrs	Elite				 14.00		3-7 yrs	U5-7	3-7 yrs	05-7	3-7 yrs
14.00			AFC .		\bigcirc		AFC .		14.00			Æ			
<u>14.30</u> 14.30						Y	MS -		14.30 14.30		- X		Y		· · · ·
15.00	U5-7		U5-7		U5-7	3-7 yrs	U5-7	3-7 yrs	15.00		8-12 yrs	U9-18	8-12 yrs	U5-7	U9-18
15.00					Æ	Ç	A		15.00						
15.30 15.30	\odot		\odot			4	\odot		15.30 15.30			\odot			
16.00	U8-16		U5-7	3-7 yrs	U5-7	8-12 yrs	U5-7	8-12 yrs	16.00	U5-7		U5-7	U9-18	U8-16	8-12 yrs
16.00									16.00				0,10		
16.30			TS .				TS .		16.30			\bigcirc			
16.30	U5-7	U9-18	U9-18	8-12 yrs	U8-16	Teen13+	U9-18	Teen13+	16.30	U5-7		U8-16		U9-18	Adult19+
17.00		07-18		0-12 yrs				Teen 13+	17.00 17.00						Adult 19+
17.30			\odot			③	\odot		17.30		O	Elite			
17.30	<u> </u>		-	X I	U9-18	T	-	NZ-	17.30	<u> </u>	T	\bigcirc	NZ-	U5-7	
<u>18.00</u> 18.00	U9-18		U7-16	Teen13+		U9-18	U7-16	Adult19+	18.00 18.00	U9-18	U9-18		Adult19+		
18.30	Elite		Elite		Elite		Elite		18.30	Elite		U5-9		Elite	
18.30	AFC .				Æ				18.30			Elite		Æ	
19.00		Adult19+		U9-18			\odot		19.00	\odot	Adult19+	Line			
19.00	U5-7		U7-16		U9-18		U7-16		19.00 19.30	U7-16				U5-7	
19.30 19.30		4							19.30	07 10					
20.00				Adult19+					20.00			U9-18			
20.00									20.00				EN	JOY FREE	PLAY
20.30 20.30									20.30 20.30						ds whenever
20.30									20.30						s scheduled!
21.00									21.00						
22.00	-								22.00						
INDE>	K: 🚯 Bask	etball 🛛 🚱 Fu	ıtsal 🛛 🌳 Tei	nnis 🛛 🧐 Pick	deball Eli	<mark>te</mark> : up to 90 mi	n class								





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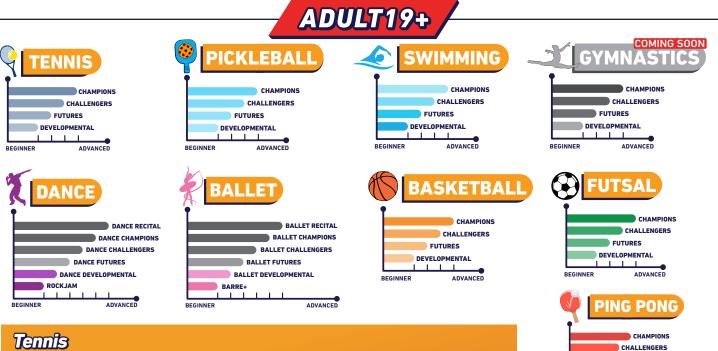
Fall Term Schedule Jul 22nd until Oct 20th 2024 Adult19+ Only





Time	Monday		Tuesday		Wednesday		Thur	sday	Fri	day	Saturday		Sunday	
Time	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB
09.00 09.30														
09.30	ENJO	Y FREE												
10,00		AXi												
10.00		our friends												
10.30	whenev	ver there												
10.30 11.00	are no	classes		Adult19+		Adult19+		Adult19+		Adult19+		Adult19+		
11.00	sche	duled!		Addit17+		Adult17+		Adull 17+		Auutti7+		Addit17+		
11.30		_			Barre+				RockJam					
11.30		\odot			Adult19+				Adult19+					
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18.00			Dance											
18.30			Adult											
19.00		Adult19+	19+ yrs							Adult19+	Ballet			
19.00											Adults 19+ yrs			
19.30 19.30											171 yr 3		OY FREE F	
20.00				Adult19+									UT TREE F	LH/!
20.00												Play with	your triena	s whenever
20.30												there are	no classes	scheduled!
20.30														
21.00 21.00												AFC		
22.00														
		💡 Tennis 🛛 🧐	Pickloball											
	INDEX:	🗧 Tennis 🛛 🤓	Pickleball											

NEW PROGRAM CLASSIFICATION & PROGRESSION



Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Elite

Termly Competition where teams of equal skill divisions compete against each other.

Ballet & Dance Leveling:

Developmental	: Introduction level will help to discover your passion and potential.
Futures	: Learn fundamentals & build a strong foundation.
Challengers	: Elevate your skills, refined techniques & challenge yourself.
Champions	: Embark on a journey of artistry, mastering complex choreography & routines.
Recital Adult19+	: Recital is a celebration of movement, creativity & dedication, where you will share your
	passion with friends & family.

Sports Team's Divisions: 🧧 📢 🗞 🖉 🌾

Champions: Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.Challengers: Sharpen your skills, explore new tactics & enjoy friendly competitions.Futures: Dive into the game basics, build a strong foundation & be part of developmental team.Developmental: Introduction level will help you ease into the game, discovering your passion and potential.

Events& competitions



DEVELOPMENTAL

Introductory Level

FUTURES

DEVELOPMENTAL

nner advanced

CHAMPIONS

FUTURES Beginner Level

Advance Level

CHALLENGERS Intermediate Level

An Annual stage showcase featuring variety of arts performed in front of an audience.