

# **AEON MALL BSD ©** +622<u>1 3971 3777</u>

# Spring Term Schedule Jan 20th until Apr 20th 2025 Updated Feb 17th

## SCAN FOR E-SCHEDULE



	Monday					Tuesday				Wednesday				Thursday			Friday			Saturday			Sunday					
Time	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3
08.00 08.30																						/					<b>A</b>	
08.30																									$\sim 0$			
09.00 09.00					-																	_/	1			m		A
09.30			(a)				<b>i∋</b> re	&PLAY			<b>i⊃</b> re				Primary	&PLAY			Primary				03		<u> </u>			
09.30			rimary 5				rimary 5	1			rimary 5				rimary 5	<b>1</b> 6-18 mo			rimary 5			~						
10.00					-			6-18 mo				IEADXI						5.										
10.30	Jumper 24-35		5-6 yrs		Crawler 6-18	Baby Dance	5-6 yrs	&PLAY 2	Walker 12-23		5-6 yrs	OF LAI	Crawler 6-18	Baby Dance	5-6 yrs	&PLAY	Jumper 24-35	Baby Dance	5-6 yrs		Jumper				Crawler 6-18			
10.30 11.00	mo				mo	1-3 yrs		<b>Z</b> 19-35 mo		1-3 yrs		<b>2</b> 19-35 mo	mo	1-3 yrs		2 19-35 mo	mo	1-3 yrs			24-35 mo	Dance 1-3 yrs			mo			
11.00	le	Dahu	SMART			Data	SMART		 	Dahu	SMART	17 00 1110	lumnor	Baby	SMART	17-331110			SMART	Dools	\A/- II	- ·			Wall.sa		Baby	
11.30 11.30	USA	Baby Dance	SMART OLOGY 4		Jumper 24-35	Baby Dance	OLOGY 4	Baby Dance	USA	Baby Dance	OLOGY 4	Barre+ Adult19+	Jumper 24-35	Jam 4 1 0	OLOGY 4		Walker 12-23	Baby Dance	OLOGY 4	Rock Jam	Walker 12-23	Baby Dance			Walker 12-23		Jam 6-18	
12.00	U4	1-3 yrs	4-5 yrs		mo	1-3 yrs	4-5 yrs	1-3 yrs	U4	1-3 yrs	4-5 yrs	Additi / /	mo	6-18 mo	4-5 yrs			1-3 yrs	4-5 yrs	Adult19+	mo	1-3 yrs			mo		mo	
12.00	<b>I</b>		SMART		Walker	Baby	SMART	LEARN &PLAY	- Lev		SMART	LEARN &PLAY	Walker	Baby		LEARN			SMART	Move&			<u> </u>	P-Ballet <sup>1/2</sup>			Baby	
12.30 12.30	USA		OLOGY 3		12-23	<b> </b>	OLOGY 3	&PLAY	USA		OLOGY 3	&PLAY	12-23	Dance		&PLAY			OLOGY 3	Groove			Sports U3	<del> </del>			Dance -	
13.00	U5-7		3-4 yrs		mo	2-3 yrs	3-4 yrs	19-35 mo	U5-7		3-4 yrs	19-35 mo	mo	1-3 yrs		19-35 mo			3-4 yrs	3-5 yrs				3-5 yrs			1-3 yrs	
13.00	Walker	Baby			Jumper	P-Ballet <sup>1/2</sup>			Walker	Baby		Baby	Jumper			C	Jumper				USA	Sports		Baby	Jumper		Move&	
13.30 13.30	12-23	Dance	Primary		24-35	<b> </b> +	Primary		12-23	Dance	Primary	*	24-35		Primary	Sports U4/5	24-35		Primary		USA	U4/5		+	24-35		Groove	
14.00	mo	1-3 yrs	6		mo	3-5 yrs	6		mo	1-3 yrs	6	2-3 yrs	mo		6		mo		6		U4			2-3 yrs	mo		3-5 yrs	
14.00 14.30	Jumper	Move&	5-7 yrs		USA	PP/P	5-7 yrs	Sports	Jumper	Martial	5-7 yrs	Sports			5-7 yrs	1110100	USA		5-7 yrs	RockFit	USA	Muay	Move&		USA		Sports	
14.30		Groove 3-5 yrs				7		Ú4/5	24-35	Arts 4-7 yrs		Ú4/5				Groove 3-5 yrs				U5-7		Thai	Groove 3-5 yrs	7			U3	
15.00 15.00	mo	3-5 yrs		alle.	U4	5+ yrs			mo	4-7 yrs		D D II 11/2				3-3 yrs	U4				00 /	01 y13	3-5 yrs	5+ yrs	U4			
15.30	USA	Martial		20	USA		Move&		USA	Muay	Stage	P-Ballet <sup>1/2</sup>	USA			Stage	USA	Move&	RockFit		USA		Stage	<b>*</b>	USA	Muay	Stage	
15.30		Arts 4-7 yrs			U5-7		Groove 3-5 yrs		U4	Thai 6+ yrs	Studio U5-7	1 1				Studio U5-7		Groove 3-5 yrs	117_12				Studio U5-7	Gr.1-5		Thai 6+ yrs	Studio – U5-7	
16.00 16.00	1	,		U5-9	<b>—</b>				1	- ,		3-5 yrs PP/P	U4			-	1	0 0 110			U8-18			(Skill dep.)	U8-18			
16.30	USA	Muay Thai	Trad.	1	USA		Stage Studio	RockFit	USA	RockFit	Move& Groove	<b>L</b>	USA	Martial	RockFi	K-Pop	USA	Martial	Stage Studio		USA	Martial Arts	Н-Нор		USA	Poom- sae		
16.30 17.00	U5-7		Dance U7-18	U8-18	U8-18		U5-7	U7-18	U5-7	U7-18	3-5 yrs	5+ yrs	U5-7	Arts 4-7 yrs	U7-18	U7-18	U8-18	Arts 4-7 yrs	U5-7			4-7 yrs	U7-18	Founda- tion & L1 U8-18	U5-7	6+ yrs		
17.00	10 -			08-18	Elite			Elite				5+ yrs				Elite	Elite				08-18		Elite	U8-18 Elite	U5-7	T		
17.30	USA	Tkd. ∏	Stage Studio		Ι.		Dance Adult	<b>**</b>	USA	Tkd. ∏-∎	RockFit		USA	Muay Thai	RockFi			Tkd.	H-Hop		Parkour		TA)	nt.		Tkd. ☐ - <b>I</b>		
17.30 18.00	U8-18	6+ yrs	U5-7				19+ yrs		U8-18	[] - <b>[</b> ] 6+ yrs	U5-7	-	U8-18	6+ yrs	U5-7	U5-8		6+ yrs	U7-18		7+ yrs		<b>T</b>			6+ yrs		
18.00	Elite	Tkd.						17		Elite		U8-18	00 10			Elite					Elite		1)	-				
18.30 18.30		1 Ku.  -						U8-18	Parkour	مرب		00-10				TA.							U5-18	U8-18				
19.00	USA	6+ yrs							7+ yrs	0						1					X.			Ballet Adult				
19.00										6+ vrc						/ )    10								19+ yrs				
19.30 19.30										6+ yrs						U5-18												
20.00																												
20.00																								Ple	GIST	RATIC	ON OPI	FNS
20.30			ESCH00	L: LEA	N&PL	AY1	LEARN &	PLAY	2 <b>SM</b>	4RTOLO	GY3	SMART	OLOGY	4 K	INDER	ARTEN :	Pre	ary 5	Prem	ary 6							202	
21.00							🕴 Ball		Contemporary Dance Broadw					<u> </u>			Elite: up to 90 min class						4		115	<b>ZUZ</b>		



INDEX: Basketball Futsal Francis

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Pickleball

Elite: up to 90 min class

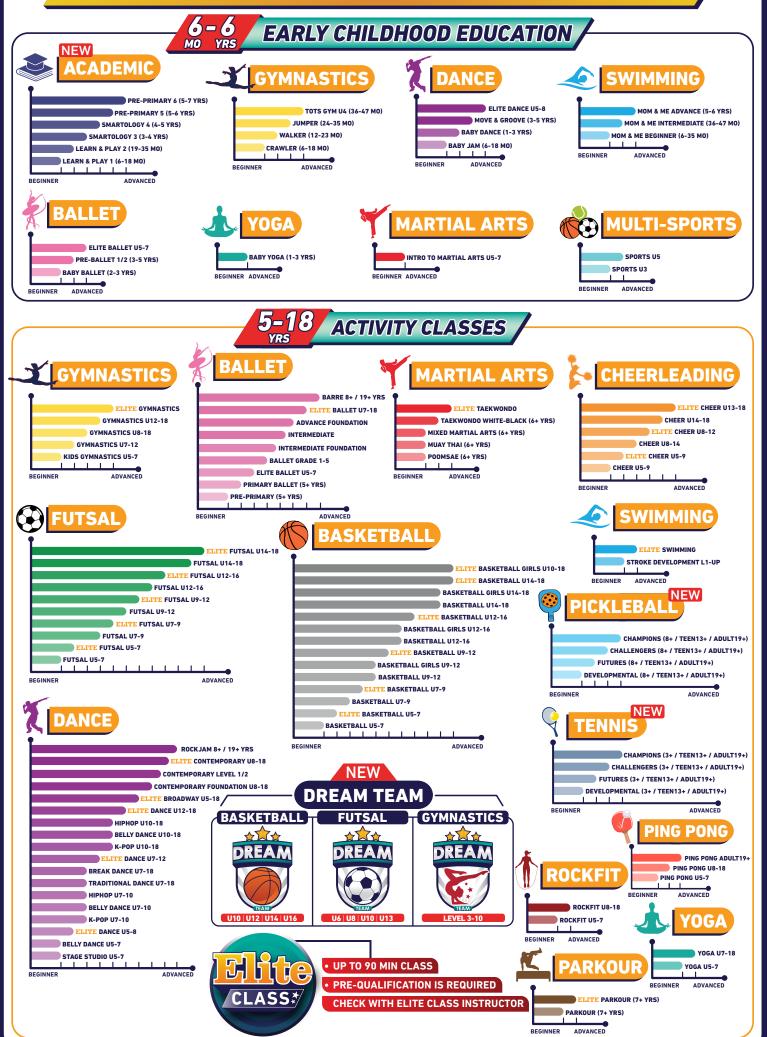
# Spring Term Schedule Jan 20th until Apr 20th 2025 Updated Feb 17th

SCAN FOR E-SCHEDULE



	Monday		Tuesday		Wedn	esday	Thur	sday		Fri	day	Sat	urday	Sunday	
Time	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Time	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB
09.00									09.00	EN	AV EDEE DI	OVI			
09.30									09.30		ENJOY FREE PLAY! Available in Sports Court				
09.30									09.30						
10.00 10.00									10.00 10.00		ever there ar				
10.30			Sports						10.30		r Private Inst				
10.30			U3						10.30		scheduled!				
11.00				Adult19+				Adult19+	11.00	1960			Adult19+		
11.00									11.00						
11.30							Sports		11.30						
11.30							U3		11.30						
12.00 12.00									12.00 12.00						
12.30			Sports		Sports				12.30	Sports					
12.30			U3		U3				12.30	U3				T2114 -	1
13.00									13.00					Elite	
13.00									13.00			46			
13.30	Sports	9					Sports		13.30	Sports					
13.30	Ú4/5			2.7	Elite		Ú4/5		13.30	U4/5		U5-7	2.7	U5-7	3-7 yrs
14.00		3-7 yrs		3-7 yrs					14.00			05-7	3-7 yrs	_	
14.00 14.30	<b>③</b>								14.00 14.30			AFC)		<b>③</b>	
14.30					U5-7			<b>7</b>	14.30		Y		Υ		
15.00	U5-7		U5-7		U5-7		U5-7	3-7 yrs	15.00		3-7 yrs	U9-18	8-18 yrs	U5-7	U9-18
15.00				9	<b>SE</b>				15.00	4	9		(O)		
15.30	<b>③</b>		$\odot$						15.30		A	$\odot$		<b>③</b>	
15.30 16.00	U8-16		U5-7	3-7 yrs	U5-7	3-7 yrs	U5-7	0.10	15.30 16.00	U5-7	8-18 yrs	U5-7	U9-18	U8-16	
16.00	00-10			3-7 yrs			03-7	8-18 yrs	16.00				07-10		
16.30	AS				<b>③</b>		AFC)		16.30	<b>③</b>		$\odot$			
16.30		T		\ \ \	_	\ \ \ \			16.30		T	_			
17.00	U5-7	U9-18	U9-18	8-18 yrs	U8-16	8-18 yrs	U9-18		17.00	U5-7	U9-18	U8-16	Adult19+	U9-18	Adult19+
17.00	AFC.				<b>AFC</b>				17.00	AFC.		Elite		AFC)	
17.30 17.30			$\odot$		1				17.30 17.30						700
17.30	U9-18		U7-16		U9-18	U9-18	U7-16		17.30	U9-18				U5-7	Adult19+PLAY
18.00					1711.4		Elite		18.00	171114			-		Additivit
18.30	Elite		Elite		Elite		Elite		18.30	Elite		U5-9		Elite	
18.30	AFC)	• 💆		T	af C				18.30			Elite		AFC)	
19.00		Adult19+		U9-18		Adult19+	$\odot$		19.00		Adult19+	Birte			
19.00	U5-7		U9-16		U9-18		U7-16		19.00	U9-16		af C		U5-7	
19.30 19.30			07.10						19.30 19.30	07-10					
20.00									20.00			U9-18			
20.00									20.00						
20.30						7	/	02025	20.30	DECIS	TRATION C	DENIS			
20.30							V) ~~~		20.30		$\overline{}$				
21.00 21.00						Rocks			21.00	/ API	<b>211520</b>	<b>75</b> /			
21.00									21.00						
22.00									22.00						

## **NEW PROGRAM CLASSIFICATION & PROGRESSION**





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# Spring Term Schedule Jan 20th until Apr 20th 2025 Adult19+ Only

## SCAN FOR E-SCHEDULE



т:	Mor	nday	Tue	sday	Wedn	esday	Thui	rsday	Fri	day	Satu	urday	Sunday		
Time	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	
09.00 09.30															
09.30															
10.00															
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11.00				Adult19+				Adult19+				Adult19+			
11.00															
11.30					Barre+				RockJam Adult19+						
11.30 12.00				FREE PLAY	Adult19+			FREE PLAY	Adult19+			FREE PLAY			
12.00				1651 6.11				1							
12.30		W-1-1-1-1													
12.30		NEW!		15-00/											
13.00 13.00			ע נדשו	56							000	~~~			
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13.30									and a larger	rusy u					
14.00										_					
14.00										tension of r	_				
14.30 14.30		REGI	STRATI	ON OPE	NS		Min		emphasizi	ng compet	titive gam	eplay and			
15.00							i (MILL)	Juss		tegic skill c					
15.00 15.30		121		正202	<b>35</b>				300	tegle skill e	acvelopiik	oric.	J		
15.30		4													
16.00															
16.00															
16.30 16.30												- <b>79</b>			
17.00												Adult19+		Adult19+	
17.00			Dance												
17.30			Adult											Adult19+	
17.30 			19+ yrs									FREE PLAY		LADDER PLAY	
18.00															
18.30										799					
18.30 		Adult19+				<b>\</b>				Adult19+	Ballet				
19.00											Adult				
19.30											19+ yrs				
19.30		FREE PLAY				FREE PLAY				FREE PLAY					
20.00		TREETEN/				FREE PLH/				TREE PLH/					
20.30															
20.30															
21.00															
22.00															
22.00	INDEX.	Tonnia   🙉	Dieklehall												
	INDEX:	Tennis 🧐	Pickleball												

### **NEW PROGRAM CLASSIFICATION & PROGRESSION**

### ADULT19+



















### 

**CHAMPIONS** Advance Level

**CHALLENGERS** Intermediate Level

> **FUTURES Beginner Level**

DEVELOPMENTAL Introductory Level

#### **Tennis**

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

#### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

#### **Barret**

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

#### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:









An Annual stage showcase featuring variety of arts performed in front of an audience.

### Ballet & Dance Leveling:

Termly Competition where teams of



Developmental : Introduction level will help to discover your passion and potential.

**Futures** : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. **Champions** 

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

### Sports Team's Divisions: 💡 🤊 🌀 🥹 🍣 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures** 

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental