

## AEON MALL Deltamas

## Sample Schedule

# SCAN FOR E-SCHEDULE



		N	<b>londay</b>				1	Tuesday	,		Wednesday					Thursday					Friday						Satur		Sunday					
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1 2			G	1	2	3	4
08.00																											11111	ШП						
08.30																																		
09.00																											<b>I</b>	J	160		بكك	18 hed	)	
09.00 - 09.30								&PLAY	,									LEARN									<b>                                     </b>	\_Ň	nt F	inal	IR.	hedi	ule	
09.30		Primary						&PLAT				Primary						&PLAY	( <del> </del>									<u> </u>						
10.00		5						6-18 mo				5						6-18 mg													<b></b>			
10.00		5-6 yrs						LEARN &PLAY				5-6 yrs						LEARN		Dahu														
10.30						Crawler 6-18		&PLAY 2			Walker 12-23					Crawler 6-18		&PLAY 2	4	Baby Dance	Walker 12-23				Baby Dance	Walker 12-23				Crawle 6-18	r			
10.30						mo		19-35 mo			mo					mo		19-35 mo		1-3 yrs	mo				1-3 yrs	s mo				mo				
11.00								mo																		١.		+	+		+			
11.30	USA	SMART OLOGY				Walker 12-23			Baby Jam	Baby		SMART OLOGY		Baby		Jumper		Baby Jam	Barre		Jumper		Rock		Baby	USA			Baby					aby lam
11.30		4				mo			6-18	Dance 1-3 yrs		4		Dance 1-3 yrs		24-35 mo		6-18	Adult19+		24-35 mo		Jam Adult19		Dance 1-3 yrs				Danc 1-3 yr		1		6	-18
12.00	04	4-5 yrs							mo			4-5 yrs						mo								L								mo
12.00 12.30	Walker	SMART				Jumper				Baby	lumner	SMART				Walker			Baby	C						lumna							Baby	Baby
12.30	12-23	OLOGY 3				24-35 mo			_	Dance		OLOGY 3				12-23			7	Sports U3					Sports U3	Jumpe 24-35	<b>'</b>	-	-				<i>▶</i> D	ance
13.00	mo	3-4 yrs				1110				1-3 yrs	mo	3-4 yrs				mo			2-3 yrs							mo							7) 1- 2-3 yrs	3 yrs
13.00						la .										۔ ما			<u> </u>														P-Ballet <sup>1/2</sup>	
13.30				Baby Dance		USA	<b>D</b> )(g)			Sports	USA			Sports U3		USA	10)(G			Sports	USA							Move	Sport ve U3	S Jumpe 24-35	r			ports
13.30				1-3 yrs		U4	6			U3	U4			Ū3		U4	rimary 6	9		U4/5	U4							3-5 y	ve U3	mo			Λ	J4/5
14.00							5-7 yrs										5-7 yrs				04		-	-	-	-		_	_				3-5 yrs PP/P	
14.30	Jumper			Move&			. ,			Sports				Sports			0 / ).0			Move&					Cnorte	USA	Rock	Fit V D	Sport	S		Stage Studio	61	oorts
14.30	24-35 mo			Groove						U4/5				U4/5						Groove 3-5 yrs					Sports U4/5		U7-	18 U7-1	18 U4/5		-	Studio U5-7	7	U3
15.00	1110			3-5 yrs																,						U5-7				U4			5+ yrs	
15.00	<b>I</b>					سوا			Marra		ر ما			Marra	·	سوا			P-Ballet1/3		سعا			Movos	,	t USA							k M	ove&
15.30	USA			Shor ra	Martial Arts	USA			Groove	RockFit	USA			Move& Groove	6	USA		H-Hop U7-18	1	Martial Arts	USA			Groove	RockFi	U8-18		Stag Stud	je Martia	al 🎉			7) Gr	oove
15.30 16.00	U4			U3	4-7 yrs	U5-7			3-5 yrs	0, 10	U5-7			3-5 yrs	U5-9	U5-7		0, 10	3-5 yrs	4-7 yrs	U5-7			3-5 yr	s 07-10	U8-18		U5-	io Arts 7 4-7 yr	·s U5-7			Gr.1 <sup>3-</sup>	5 yrs
16.00																-			PP/P										+	+		(	skill dep)	
16.30	USA			Sports	Muay Thai	USA			Stage Studio	RockFit	USA			Stage		USA		Stage Studio	<b>k</b>	Muay Thai	USA			Stage Studio	RockFi	t Parkou		Rock	Fit Muay	USA				-Hop
16.30	U5-7			U4/5	6+ yrs				U5-7	U5-7	U8-18			Studio U5-7		U8-18		U5-7	17	6+yrs	U8-18			U5-7	U5-7	7+ yrs		U5-	7 6+yr		2	F	Founda- U tion	7-18
17.00	00-7					U8-18					30-10				U8-18	5			5+ yrs											50 10			U8-18	
17.00 17.30	USA			Stage	Tkd.				U_H^~		Parkour			и Б	Broad way				*	Tkd.				Н-Нор					Tkd.	Parkou				
17.30					[] - []				H-Hop U7-18		7+ yrs			K-Pop U7-18	The				Gr.1	[] - <b>[</b> ] 6+ yrs				U7-18					[] - <b>[</b>	7+ yrs				
18.00	U8-18				6+ yrs										1				(skill dep										6+ yr	5				
18.00															/ )																			
18.30 18.30															U5-18																			
19.00																										Ro	ck Jam	(8+ 4	rs & 6	dult	<b>19+)</b> -	High	-imp	act
19.00																																		
19.30	9.30 Dance C													nce Cardio Class, Mix of Zumba, ound Fit, & Aerobic																				
19.30 20.00																								- ro							\ D:	latas	0 D-	
20.00	PRESCHOOL: LEARN & PLAY1 LEARN & PLAY2 SMART OLOGY3 SMART OLOGY4 KINDERGARTEN: Primary 5 Primary 6												ary 6	Barre+ (8+ yrs & Adult19+) - Pilates & Ballet inspired Full Body Conditioning Training																				
20.00	INDE	Λ.	Gy	ymnasti	ics 🗜	• Che	erleadi	ng 🗼	Balle	t 🚽	Cont	empora	ry Dan	ce 🏌	Broad	way	Da	nce	Taek	wondo	Elit	: <b>е</b> : up	to 90 n	nin clas	ss	Hin	spired F	ull B	ody (	Cond	itioni	ng Tr	ainin	g



## AEON MALL Deltamas

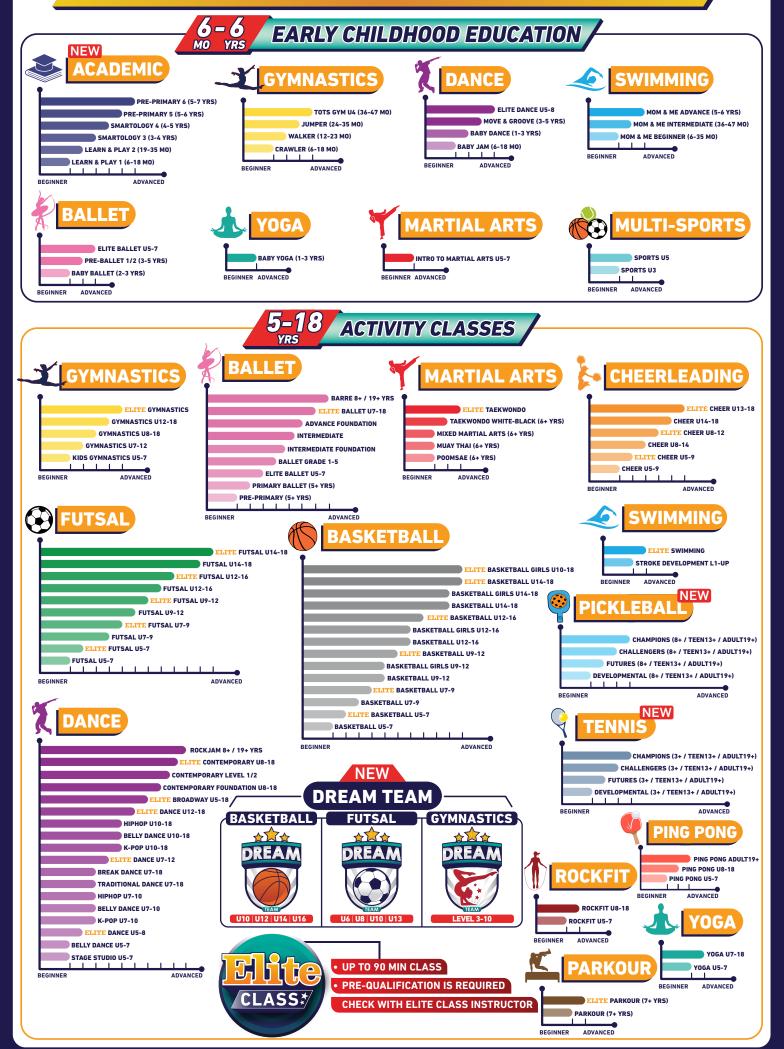
## Sample Schedule

# SCAN FOR E-SCHEDULE



Time		Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		Sunday			
Time	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	
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13.30 14.00																U5-7	3-7 yrs	U8-18	U5-7	8-12 yrs		
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15.00	U5-7			U5-7			U5-7			U5-7				3-7 yrs		U8-18	8-12 yrs	U5-7	U8-18	3-7 yrs		
15.00													af C						aff			
15.30 15.30		7			<b>Y</b>			A						A								
16.00	U8-18	3-7 yrs		U5-7	8-12 yrs		U5-7	8-12 yrs	U5-7	U5-7			U5-7	8-12 yrs	U5-7	U5-7	U9-18		U8-18	U9-18		
16.00	16									-									16			
16.30										ALC:												
16.30	U5-7			U8-18	2.7		U8-18		110.40				U5-7		110.40	U8-18			U5-7			
17.00	05-7	U9-18			3-7 yrs		_	3-7 yrs	U8-18	U8-18	3-7 yrs				U8-18		Adult19+	<u>=</u> 0	05-7	Adult19+		
17.00 17.30	aff																					
17.30							_				7			7								
18.00	U8-18			U8-18	U9-18		U8-18	U9-18		U8-18	8-12 yrs		U8-18	U9-18				Adult19+				
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### **NEW PROGRAM CLASSIFICATION & PROGRESSION**





## AEON MALL Deltamas

## Sample Schedule

Adult19+ Only

# SCAN FOR E-SCHEDULE



		Mor	nday		Tuesday				Wednesday				Thursday					Fri	day			Satu	rday		Sunday			
Time	Studio			PingPong	Studio	_	-	PingPong	Studio			PingPong	Studio			PingPong	Studio		-	PingPong	Studio			PingPong	Studio			PingPong
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11.00							Adult19+								Adult19+								Adult194	•				
11.00							FREE						Barre+		FREE		Rock						FREE					
11.30													Adult				Jam Adult											
11 <u>.</u> 30 12 <u>.</u> 00							FREE						19+ yrs				19+ yrs											
12.00							<u> </u>								-		171 yrs						-					
12.30																												
12.30																												
13.00								_																				
13.30			FN.M	Y FP	FF P	ΙΔΥΙ																						
13.30	٠,	ENJOY FREE PLAY! Tersedia di Lapangan Olahraga kapan pun saat tidak ada jadwal kelas atau Kelas Privat!																										
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																				Proposed & Not Final Schedule								
	INDEX: Basketball Futsal Formula Pickleball Ping Pong																			333333333333333								

### **NEW PROGRAM CLASSIFICATION & PROGRESSION**

#### ADULT19+



















### Stills Leveling

**CHAMPIONS** Advance Level

**CHALLENGERS** Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

#### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

#### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

#### **Barret**

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

#### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:







Termly Competition where teams of equal skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience.

#### **Ballet & Dance Leveling:**



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures** 

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

#### Sports Team's Divisions: 👂 🦠 🚯 🚱 🗻 🌱



**Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures** 

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental