



AEON MALL Deltamas

Sample Schedule

SCAN FOR
E-SCHEDULE



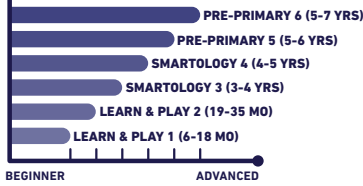
| Time | Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | | Saturday | | | Sunday | | | | | |
|-------|--------|-------------|-----------|---------|-------------|-----------|-----------|-------------|-----------|----------|-------------|-----------|--------|-------------|-----------|----------|-------------|-----------|--------|-------------|-----------|--|--|--|
| | Sports | Tennis & PB | Ping Pong | Sports | Tennis & PB | Ping Pong | Sports | Tennis & PB | Ping Pong | Sports | Tennis & PB | Ping Pong | Sports | Tennis & PB | Ping Pong | Sports | Tennis & PB | Ping Pong | Sports | Tennis & PB | Ping Pong | | | |
| 09.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 09.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 13.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 13.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 16.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 16.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 17.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 17.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 18.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 18.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 19.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 19.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 | | | | | | | | | | | | | | | | | | | | | | | | |

INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | **Elite**: up to 90 min class

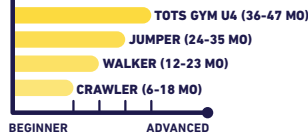
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW ACADEMIC



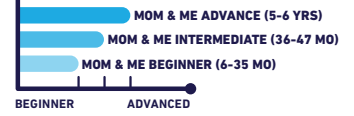
GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS

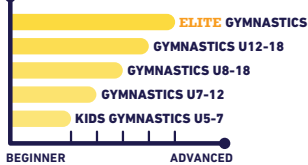


MULTI-SPORTS

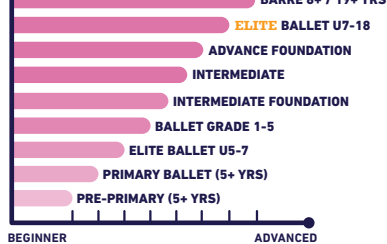


5-18 YRS ACTIVITY CLASSES

GYMNASTICS



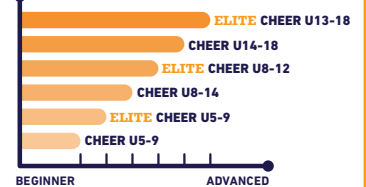
BALLET



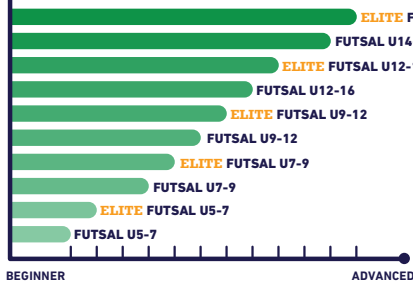
MARTIAL ARTS



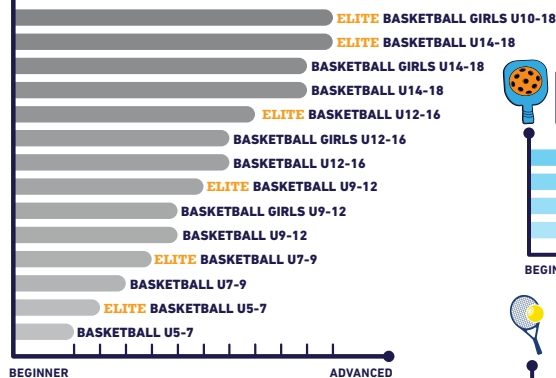
CHEERLEADING



FUTSAL



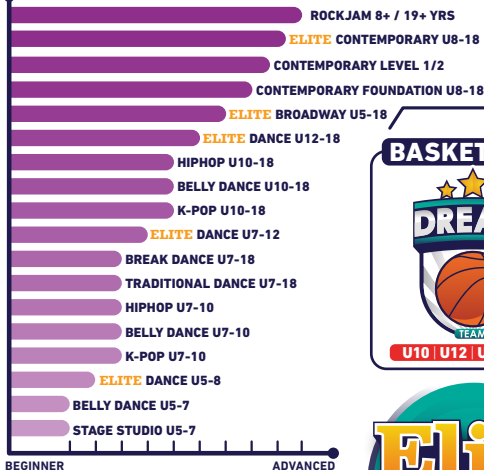
BASKETBALL



SWIMMING



DANCE



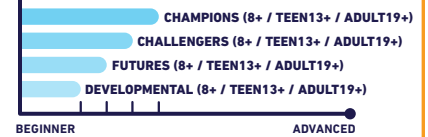
NEW DREAM TEAM

BASKETBALL
U10 | U12 | U14 | U16

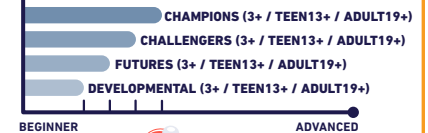
FUTSAL
U6 | U8 | U10 | U13

GYMNASTICS
LEVEL 3-10

PICKLEBALL



TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



AEON MALL Deltamas

Sample Schedule Adult 19+ Only

SCAN FOR
E-SCHEDULE



| Time | Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | | Saturday | | | | Sunday | | | |
|-------|--------|--------|--------|----------|---------|--------|--------|----------|-----------|--------|--------|----------|----------|--------|--------|----------|--------|--------|--------|----------|----------|--------|--------|----------|--------|--------|--------|----------|
| | Studio | Sports | Tennis | PingPong | Studio | Sports | Tennis | PingPong | Studio | Sports | Tennis | PingPong | Studio | Sports | Tennis | PingPong | Studio | Sports | Tennis | PingPong | Studio | Sports | Tennis | PingPong | Studio | Sports | Tennis | PingPong |
| 09.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 09.30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

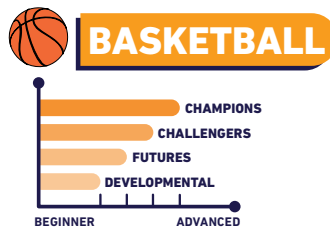
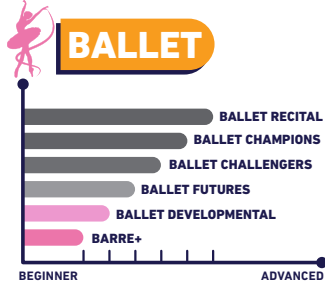
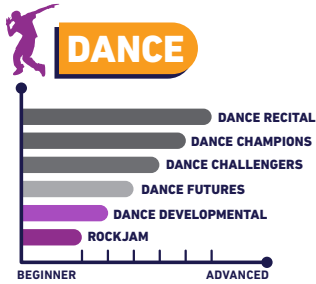
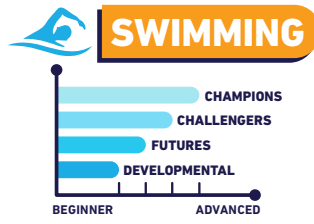
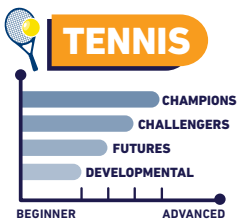
ENJOY FREE PLAY!
Tersedia di Lapangan Olahraga
kapan pun saat tidak ada jadwal
kelas atau Kelas Privat!

Proposed & Not Final Schedule

- INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:

- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.