

AEON MALL DELTAMAS

C +6221 3972 4242

Spring Term Schedule Mar 15th until Apr 20th 2025

SCAN FOR E-SCHEDULE



1	Monday							Tuesda	y	Wednesday					Thursday							Friday		Saturday					Sunday						
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4
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10.30								&PLAY	Jam 6-18									&PLAY	Jam 6-18						Sports U3										
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AEON MALL DELTAMAS

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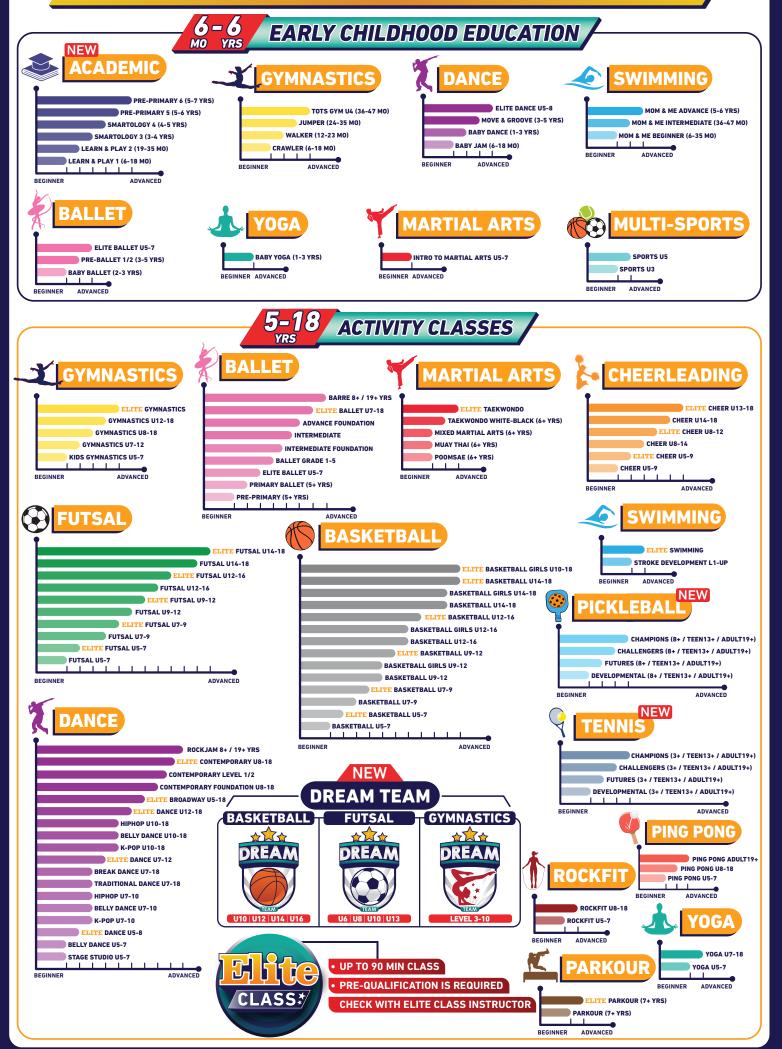
Spring Term Schedule Mar 15th until Apr 20th 2025

SCAN FOR E-SCHEDULE



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NEW PROGRAM CLASSIFICATION & PROGRESSION





AEON MALL DELTAMAS

C +6221 3972 4242

Spring Term Schedule Mar 15th until Apr 20th 2025 Adult19+ Only

SCAN FOR E-SCHEDULE



		Mor	iday		Tuesday				Wednesday				Thursday				Friday					Satu	rday		Sunday				
Time	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis I	PingPong	
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	INDEX: Basketball Futsal Tennis Pickleball Ping Pong																												

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+

















Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

PING PONG CHAMPIONS CHALLENGERS DEVELOPMENTAL

Stills Leveling:

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

CHAMPIONSHIPS 🖈

Events&Competitions:





Termly Competition where teams of equal skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures**

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 💡 🧣 🌀 🕹 🗨 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental