

### BINTARO XCHANGE

+6221 2986 4646

# Spring Term Schedule Jan 20th until Apr 20th 2025

Updated Feb 17<sup>th</sup>

## SCAN FOR E-SCHEDULE



	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday			Sunday				
Time	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports
08.00 08.30																												~=
08.30																									000			
09.00																						/	<b>P</b>					
09.00 09.30		<b>€</b> ro				(F)	LEARN &PLAY			ENTO:				(E)YO	LEARN &PLAY													
09.30		Primary				Primary	1			Primary				Primary	1			Primary										
10.00		5				5	6-18 mo			5				5	6-18 mo			5										
10 <u>.</u> 00 10 <u>.</u> 30		5-6 yrs			Crawler	5-6 yrs	&PLAY		Walker	5-6 yrs	&PLAY		Walker	5-6 yrs	<b>LEARN</b> &PLAY			5-6 yrs			Jumper			Sports	Crawler			
10.30					6-18 mo		2		12-23 mo		2		12-23 mo		2						24-35 mo			Ú4/5	6-18 mo			
11.00 11.00	la .	SMART				SVART	19-35 mo			SMART	19-35 mo		1110	SMART	19-35 mo			SMART								Baby	Dahu	
11.30	USA	OLOGY			Jumper 24-35	OLOGY	Baby Jam	Sports	Jumper 24-35	OLOGY	Baby Dance	Sports	Jumper	OLOGY		Sports	Crawler 6-18	OLOGY	Baby Dance	Sports	USA	Baby Dance	Baby Dance	1	Walker	<b>L</b>	Baby Jam	
11.30 12.00	U4	4 4-5 yrs			mo	4 4-5 yrs	6-18 mo	U3	mo	4-5 yrs	1-3 yrs	U3	24-35 mo	4-5 yrs		U3	mo	4-5 yrs	1-3 yrs	Ū3	U4	1-3 yrs	1-3 yrs	U5-7	12-23 mo	7	6-18 mo	U5-7
12.00	04	SMART				SMART				SMART	Baby						VA/ - 11	SMART	Baby		04		14 0	Elite		2-3 yrs P-Ballet <sup>1/2</sup>		
12.30		OLOGY				<b>OLOGY</b>	Baby Dance	Sports U3		OLOGY	<b>*</b>	Sports U3		Baby Dance	Baby Dance		Walker 12-23	OLOGY 3	<b>*</b>			Sports U3	Move& Groove			*	Baby Dance	1
12 <u>.</u> 30 13 <u>.</u> 00		3 3-4 yrs				3 3-4 yrs	1-3 yrs	03		3 3-4 yrs	2-3 yrs			1-3 yrs	1-3 yrs		mo	3-4 yrs	2-3 yrs			03	3-5 yrs	1		3-5yrs	1-3 yrs	U9-18
13.00			Baby		Walker		Baby	_		,	Move&		Jumper		Move&		<b>I</b>		P-Ballet <sup>1/2</sup>			Elite	Martial	U5-7		PP/P	Move&	
13.30 13.30		Primary	Dance		12-23	Primary	#	Sports U4/5		Primary	Groove	Sports U4/5	24-35	Primary	Groove		USA	Primary	#			12	Arts	05-7		*	Groove	<b>③</b>
14.00		6	1-3 yrs		mo	6	2-3 yrs			6	3-5 yrs	0 ., 0	mo	6	3-5 yrs		U4	6	3-5yrs			<b>/</b>	4-7 yrs			5+ yrs	3-5 yrs	U8-18
14.00 14.30	Jumper	5-7 yrs	Martial	C	USA	5-7 yrs	P-Ballet <sup>1/2</sup>	C	USA	5-7 yrs	Martial		USA	5-7 yrs	Stage		Jumper	5-7 yrs	P-Ballet <sup>1/2</sup>	AFC)	USA	/ ) U5-18	Tkd.	aff	USA		Stage	<b>③</b>
14.30	24-35 mo	,	Arts 4-7 yrs	Sports U4/5	USA	, ,,,,	*	Sports U4/5	USA	. ,	Arts 4-7 yrs	Elite	ZOSA	. ,	Studio U5-7		24-35 mo		デ		USA	00 10	! [			-	Studio U5-7	
15.00	1110				U4		3-5 yrs		U4		,	_	U5-7		00 /			DD /D	3-5yrs	U5-7	U5-7		6+ yrs	U9-18	U4	U8-18	00 /	U5-7
15 <u>.</u> 00 15 <u>.</u> 30		Move&	PP/P	AC	USA	RockFit	Trad.		USA	Belly	P-Ballet <sup>1/2</sup>		USA	Sports	<b>1</b>	AFC)	USA	PP/P	Sports	AS .	USA		Tkd.	<b>③</b>	Jumper	\$		Elite
15.30		Groove 3-5 yrs		U5-7		U5-7	Dance U7-18	U5-7		Dance U5-12	*	U5-8		Ú4/5		115.7		#	Ú4/5	U9-18			[- [		24-35 mo	50		
16.00 16.00	U4	2 -	5+ yrs		U5-7		Elite		U5-7		3-5yrs		U4		U5-9	U5-7	U5-7	5+ yrs	Elite	Elite	U8-18		6+ yrs	U5-7		U5-9		Girls
16.30	USA	Gr.1-4	Tkd.		USA		Elite	1		Stage	Muay Thai	Elite	USA	K-Pop	Martial	<b>③</b>		K-Pop	b/	_			RockFit	<b>③</b>	USA	Baby Dance		U9-18
16.30 17.00	U5-7	Gr.1-4	6+ yrs	U5-7	U8-18		U5-8	U5-7		Studio U5-7	6+ yrs	A 1	U8-18	U7-18	Arts 4-7 yrs	U5-7		U7-18	<b>₹</b> U5-7				U5-7	U8-18	U5-7	1-3 yrs		
17.00		(Skill dep.)	T	Elite	Elite		17	<b>(</b>	la -		<i>b</i>	U5-7	Elite	Elite		Elite	۔ وا		<i>h</i>	1				Elite	03-7			
17.30	USA		Tkd. <mark>-</mark> - ∎				Н-Нор	1	USA		#	05-7	_	<b>211</b>	Tkd. ∏		USA		7	U5-8								
17.30 18.00	U8-18		6+ yrs	$  \mathfrak{G}  $	USA		U7-18	U8-18	U8-18		Gr.1/2 (Skill dep.)	Elite			6+ yrs	<b>③</b>	U8-18		Gr.2-5 (Skill dep.)	<b>③</b>								
18.00	Elite		Poom-	U5-12		Elite	Elite	Elite	Elite		CART GCP.	#		110.40	Elite	U7-16			Elite					U5-12				
18.30 18.30	la -		sae	00 12		-	•		ا ما				U5-9	U8-18	مري				2	U7-18				00-12				
19.00	USA		6+ yrs			9	60		USA			U9-18		Elite	9	<b>③</b>			4									
19.00							U5-9	U8-18			Elite			<b>L</b>	6+ vrc	U7-16			117.10									
19.30 19.30						6+ yrs	Elite	00-10			-				6+ yrs				U7-18									
20.00							•				-			U8-18														
20.00 20.30							1				U13-18															7.1		
20.30											2.10 10																I OPE	<b>NP</b> /
21.00							U8-18										- re		re							L2	02	5
21.00	INDEX	PRE	SCH00	L: LEAF	N&PL	AY1	LEARN 8	PLAY	2 SM	RTOLO	GY3	SMART	OLOGY 4	4 K	INDERG	ARTEN :	Prim	ary 5	Prima	ary 6								
Gymnastics   Cheerleading   Ballet   Contemporary Dance   Broadway   Basketball   Futsal   Dance   Taekwondo   Elite : up to 90 min class																												



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#### **Spring Term Schedule** Jan 20<sup>th</sup> until Apr 20<sup>th</sup> 2025

SCAN FOR E-SCHEDULE



Updated Feb 17<sup>th</sup>

Time		nday		sday	Wednesday		Thur	•	Frid	-	Satu	-	Sunday		
	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	
09.00 09.30			/												
09.30				2025											
10.00			Vice of												
10.00		ROCK!	(P)												
10.30		Rocke	9		Swim M&M L1				Swim M&M L1		Swim M&M L1		Swim M&M L1		
10.30					6-35 mo				6-35 mo		6-35 mo		6-35 mo		
11.00					0-33 1110				0-331110		0-33 1110		0-33 1110		
11.00												Swim		Swim	
11.30											Stroke Dev. L1	Swim M&M L2	Stroke	Swim M&M L2	
11.30 12.00											Dev. L1	3-4 yrs	Dev. L1	3-4 yrs	
12.00															
12.30			Swim									Stroke	Swim M&M L3		
12.30			M&M L1 6-35 mo									Dev. L3	M&M L3 5-6 yrs		
13.00			6-33 1110										5-6 yrs		
13.00											Swim	Swim			
13.30											Swim M&M L1	Swim M&M L2			
13.30 14.00											6-35 mo	3-4 yrs			
14.00															
14.30							Swim M&M L1					Swim M&M L3			
14.30							M&M L1					M&M L3			
15.00							6-35 mo					5-6 yrs			
15.00			<u> </u>		<u> </u>					6 .					
15.30			Swim M&M L2		Swim M&M L2					Swim M&M L2	Stroke		Stroke		
15.30			3-4 yrs		3-4 yrs					3-4 yrs	Dev. L2		Dev. L1		
16.00 16.00										-					
16.30			Stroko		Swim M&M L3			Swim	Stroko	Swim M&M L3	Stroke		Swim M&M L1	Swim M&M L2	
16.30			Stroke Dev. L1		M&M L3 5-6 yrs			M&M L3	Stroke Dev. L1	M&M L3 5-6 yrs	Dev. L1		M&M L1 6-35 mo	M&M L2 3-4 yrs	
17.00					3-6 yrs			5-6 yrs		5-6 yrs			6-33 1110	3-4 yrs	
17.00															
17.30			Stroke Dev. L2		Stroke Dev. L3			Stroke	Stroke Dev. L2		Stroke		Stroke Dev. L2		
17.30 18.00			Dev. L2		Dev. L3			Dev. L4	Dev. LZ		Dev. L4		Dev. L2		
18.00															
18.30															
18.30															
19.00															
19.00															
19.30															
19.30 20.00															
20.00															
20.30															
20.30			1												
21.00												REG	ISTRATION	N OPENS	
21.00	INDEX	<u></u>													
21.30	INDEX:	Swimming	Elite: up t	o 90 min class									PRILZ	<b>1025</b>	

#### **NEW PROGRAM CLASSIFICATION & PROGRESSION**

