



CIPUTRA WORLD SURABAYA

+6231 3000 0200

Sample Schedule

SCAN FOR E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday																							
	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong																					
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11.00					Adult19+			Adult19+		Adult19+			Adult19+			Adult19+																										
11.30																																										
12.00	<div style="border: 2px solid black; padding: 5px; text-align: center;"> Proposed & Not Final Schedule </div>																																									
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14.00																		U5-7	8-12 yrs	U5-7	U5-7																					
14.30																																										
15.00	U5-7							U5-7	3-7 yrs			U5-7			3-7 yrs			U8-18	3-7 yrs	U8-18	U8-18	3-7 yrs																				
15.30																																										
16.00	U5-7	3-7 yrs						U5-7	8-12 yrs			U5-7	8-12 yrs			U5-7	U9-18			U9-18		U8-18	8-12 yrs																			
16.30																																										
17.00	U8-18	8-12 yrs						U8-18	U9-18	U5-7		U5-7	U9-18	U5-7		U8-18	Adult19+			U8-18	Adult19+	U5-7	Adult19+																			
17.30																																										
18.00	U8-18	U9-18						U8-18	Teen13+	U8-18		U8-18	Teen13+	U8-18									U9-18																			
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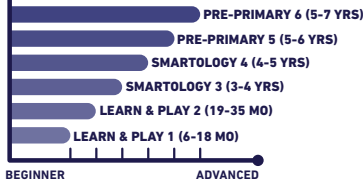
INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | **Elite**: up to 90 min class

ENJOY FREE PLAY!
 Play with your friends whenever there are no classes scheduled!

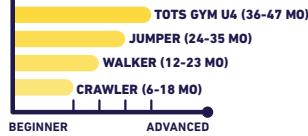
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW ACADEMIC



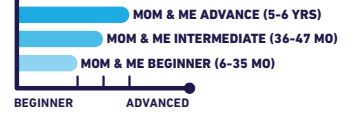
GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS

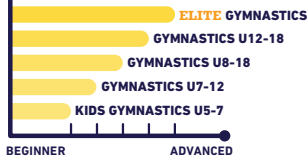


MULTI-SPORTS

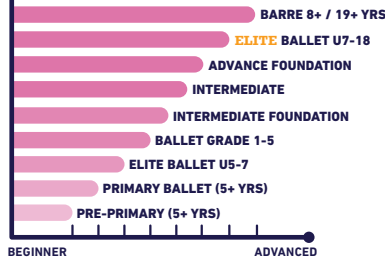


5-18 YRS ACTIVITY CLASSES

GYMNASTICS



BALLET



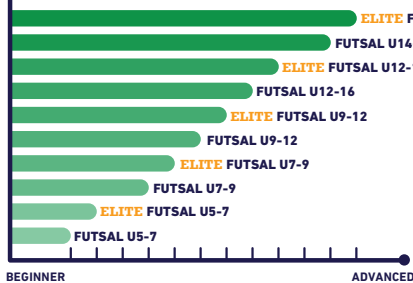
MARTIAL ARTS



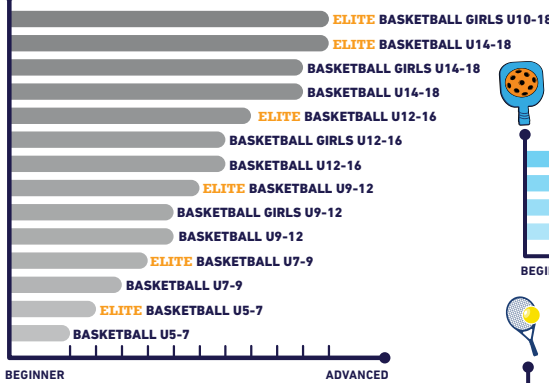
CHEERLEADING



FUTSAL



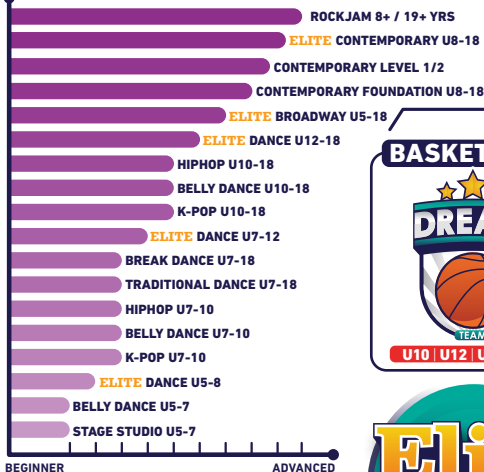
BASKETBALL



SWIMMING



DANCE



NEW DREAM TEAM

BASKETBALL
U10 | U12 | U14 | U16

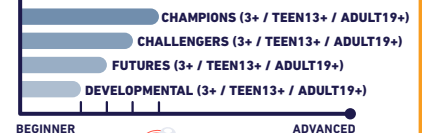
FUTSAL
U6 | U8 | U10 | U13

GYMNASTICS
LEVEL 3-10

PICKLEBALL



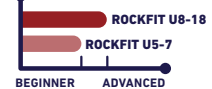
TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



CIPUTRA WORLD SURABAYA

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Sample Schedule

Adult 19+ Only

SCAN FOR E-SCHEDULE



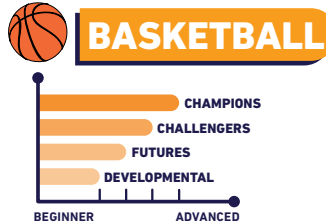
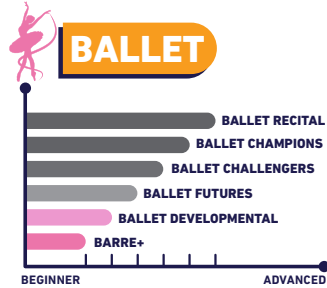
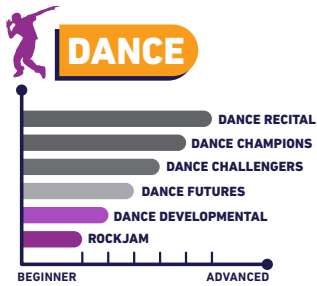
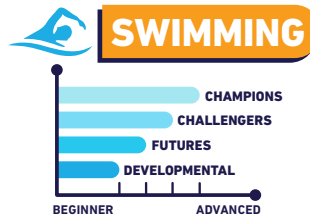
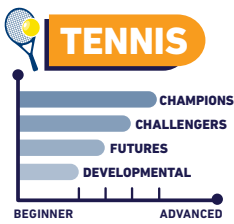
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Dance Recital Ballet & Contemporary Recital

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:

- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.