



CIPUTRA WORLD SURABAYA

+6231 3000 0200

Spring Term Schedule
Jan 20th until Apr 20th 2025

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong
09.00	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> NEW! Elite CHAMPIONSHIPS ADULT19+ </div>																											
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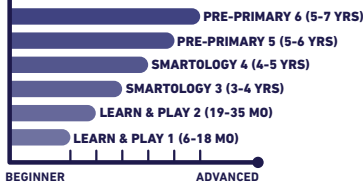
INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | **Elite** : up to 90 min class

REGISTRATION OPENS
1ST APRIL 2025

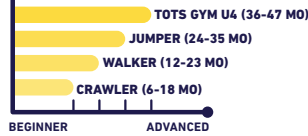
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW ACADEMIC



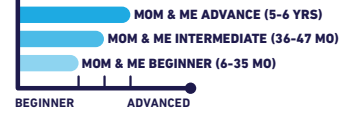
GYMNASTICS



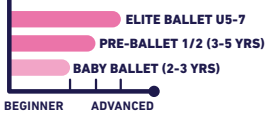
DANCE



SWIMMING



BALLET



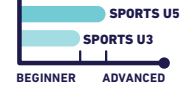
YOGA



MARTIAL ARTS

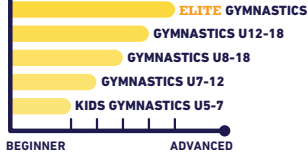


MULTI-SPORTS

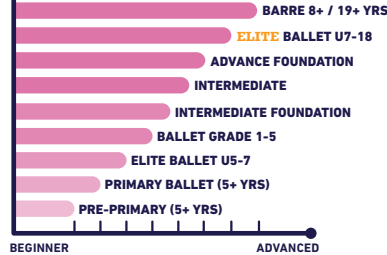


5-18 YRS ACTIVITY CLASSES

GYMNASTICS



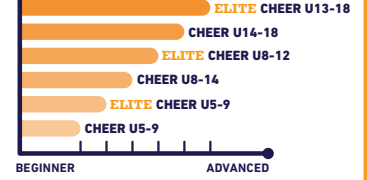
BALLET



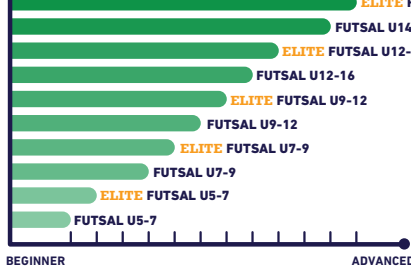
MARTIAL ARTS



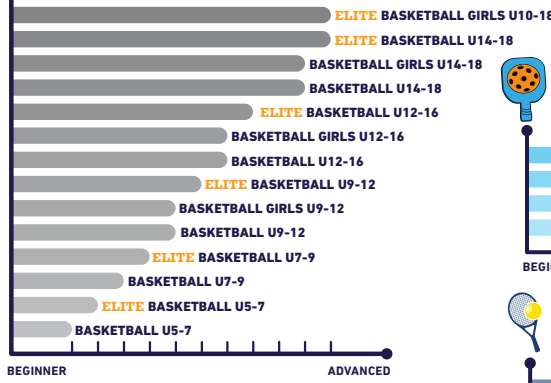
CHEERLEADING



FUTSAL



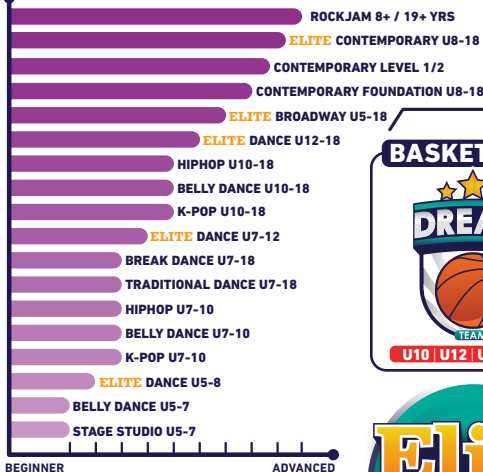
BASKETBALL



SWIMMING



DANCE



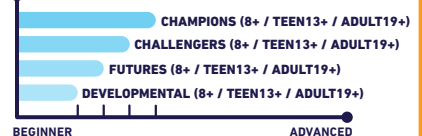
NEW DREAM TEAM

BASKETBALL
U10 | U12 | U14 | U16

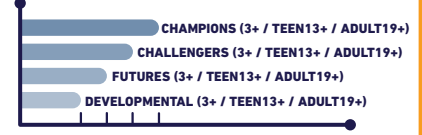
FUTSAL
U6 | U8 | U10 | U13

GYMNASTICS
LEVEL 3-10

PICKLEBALL



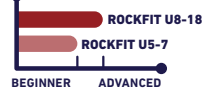
TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



CIPUTRA WORLD SURABAYA

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Spring Term Schedule
Jan 20th until Apr 20th 2025
Adult 19+ Only

SCAN FOR E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Studio	Tennis & PB	Ping Pong	Studio	Tennis & PB	Ping Pong	Studio	Tennis & PB	Ping Pong	Studio	Tennis & PB	Ping Pong	Studio	Tennis & PB	Ping Pong	Studio	Tennis & PB	Ping Pong	Studio	Tennis & PB	Ping Pong
09.00																					
09.30																					
10.00																					
10.30																					
11.00					Adult19+					Adult19+				Adult19+			Adult19+				
11.30					FREE PLAY					Barre+ Adult 19+ yrs	FREE PLAY			Rock Jam Adult 19+ yrs	FREE PLAY		FREE PLAY				
12.00																				Adult19+	
12.30																				LADDER PLAY	
13.00																					
13.30																				Adult19+	
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19.00																					Adult19+
19.30	Adult19+																				FREE PLAY
20.00																					
20.30																					
21.00																					

NEW! Elite **CHAMPIONSHIPS ADULT19+**

REGISTRATION OPENS 1ST APRIL 2025

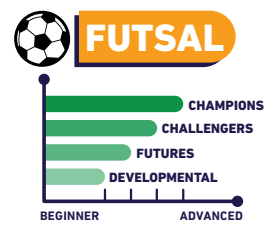
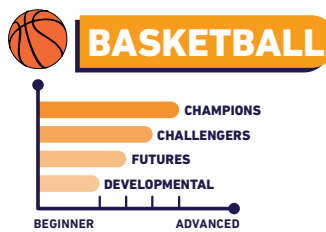
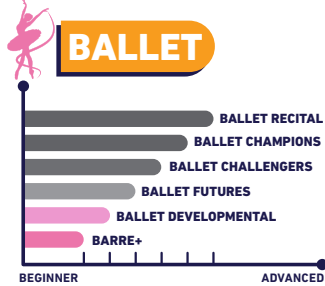
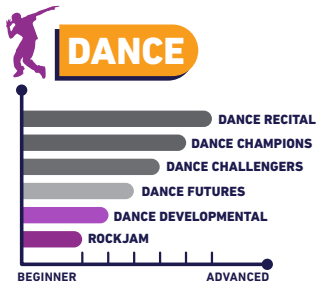
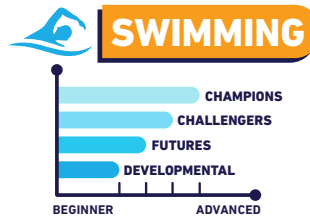
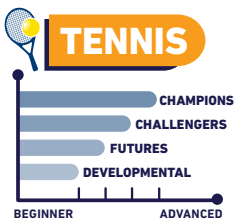
60 Min Class **Ladder Play for ADULT19+**

An extension of regular classes, emphasizing competitive gameplay and strategic skill development.

INDEX: Tennis | Pickleball | Ping Pong | **Elite**: up to 90 min class

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Dance Recital Ballet & Contemporary Recital

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:

- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.