



GAJAH MADA PLAZA

+6221 3972 9888

Spring Term Schedule

Jan 20th until Apr 20th 2025

SCAN FOR E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5
08.00	NEW! Elite CHAMPIONSHIPS ADULT19+																				DREAM TEAM							
08.30																					L3-7							
08.30																					USA							
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21.00																					USA							

INDEX: Gymnastics Cheerleading Ballet Contemporary Dance Broadway Dance Taekwondo **Elite**: up to 90 min class **DREAM TEAM**: up to 180 min class

REGISTRATION OPENS 1ST APRIL 2025

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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Preschool KINDERGARTEN

Spring Term Schedule
Jan 20th until Apr 20th 2025

SCAN FOR
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2						
08.00																				
08.30																				
08.30																				
09.00																				
09.00	Pre Primary 5 5-6 yrs		Pre Primary 5 5-6 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 5-6 yrs		Pre Primary 5 5-6 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 5-6 yrs		Pre Primary 5 5-6 yrs		Pre Primary 5 5-6 yrs							
09.30				LEARN & PLAY 2 19-35 mo				LEARN & PLAY 2 19-35 mo												
09.30																				
10.00																				
10.00																				
10.30																				
10.30																				
11.00																				
11.00	SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs									
11.30																				
11.30																				
12.00	SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs				SMART OLOGY 3 3-4 yrs											
12.00																				
12.30																				
12.30																				
13.00																				
13.00	Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs							
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21.00																				



INDEX: PRESCHOOL : LEARN & PLAY 1 | LEARN & PLAY 2 | SMART OLOGY 3 | SMART OLOGY 4 | KINDERGARTEN : Pre Primary 5 | Pre Primary 6

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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Spring Term Schedule Jan 20th until Apr 20th 2025

SCAN FOR
E-SCHEDULE



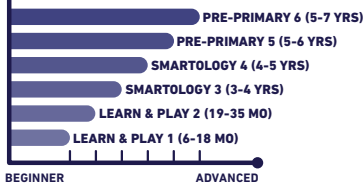
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday																											
	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong																								
07.00	<div style="border: 2px solid black; padding: 5px; text-align: center;"> <p>ENJOY FREE PLAY! Available in Sports Court whenever there are no classes or Private Instructions scheduled!</p> </div>																												Adult19+ FREE Swim Adult19+												Adult19+ FREE Swim Adult19+											
08.00																																																				
09.00																																	Swim M&M L1 6-35 mo								Swim M&M L1 6-35 mo											
09.30																																					Swim M&M L1 6-35 mo								Swim M&M L1 6-35 mo							
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12.00																					Elite																															
12.30																					U5-7				Elite																											
13.00					Elite																U5-7				3-7 yrs																											
13.30	3-7 yrs				3-7 yrs																U7-16				3-7 yrs																											
14.00					U5-7																U5-7				3-7 yrs																											
14.30	U5-7								U5-7				3-7 yrs												U5-7				U9-18																							
15.00					U5-7				3-7 yrs				U5-7				3-7 yrs				M&M L2 3-4 yrs				U9-18				U5-7																							
15.30	U9-18				M&M L2 3-4 yrs				U5-7				3-7 yrs				M&M L2 3-4 yrs				U8-18				U5-7				3-7 yrs																							
16.00	U9-18				M&M L2 3-4 yrs				U5-7				3-7 yrs				M&M L2 3-4 yrs				U8-18				U5-7				3-7 yrs																							
16.30	U5-7				U9-18				M&M L3 5-6 yrs				U5-7				8-18 yrs				M&M L3 5-6 yrs				U9-18				M&M L1 6-35 mo																							
17.00	U5-7				U9-18				M&M L3 5-6 yrs				U5-7				M&M L3 5-6 yrs				U9-18				M&M L1 6-35 mo																											
17.30	U9-18								U9-18				U9-18								U9-18				Adult19+																											
18.00	U9-18								U9-18				U9-18								U9-18				Adult19+																											
18.30	U9-18								U9-18				U9-18								U9-18				Adult19+																											
19.00	U9-18				Adult19+				FREE Swim Adult19+				U8-16								U9-18				Adult19+																											
19.30	U9-18				Adult19+				FREE Swim Adult19+				U9-18								U9-18				Adult19+																											
20.00					U9-18				Adult19+				FREE Swim Adult19+				U9-18								U9-18				Adult19+																							
20.30					Adult19+																																															
21.00					Adult19+																																															
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NEW PROGRAM CLASSIFICATION & PROGRESSION

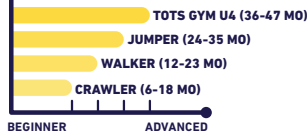
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

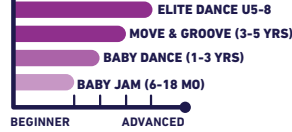
NEW ACADEMIC



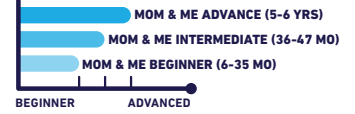
GYMNASICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS



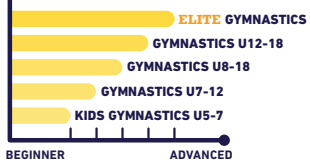
MULTI-SPORTS



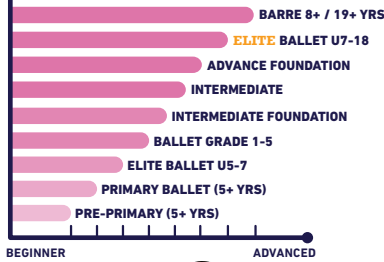
5-18
YRS

ACTIVITY CLASSES

GYMNASICS



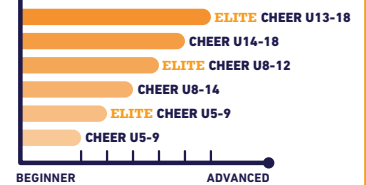
BALLET



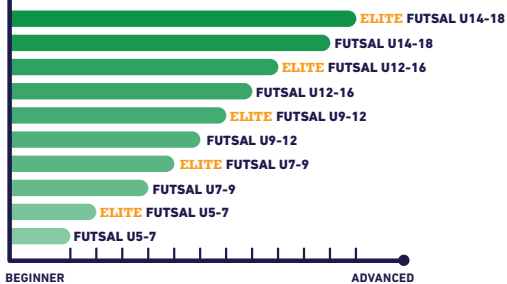
MARTIAL ARTS



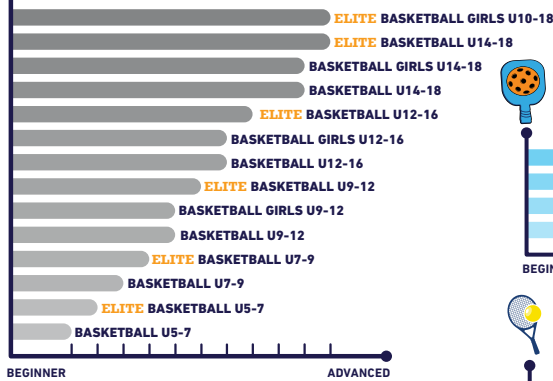
CHEERLEADING



FUTSAL



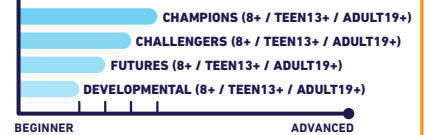
BASKETBALL



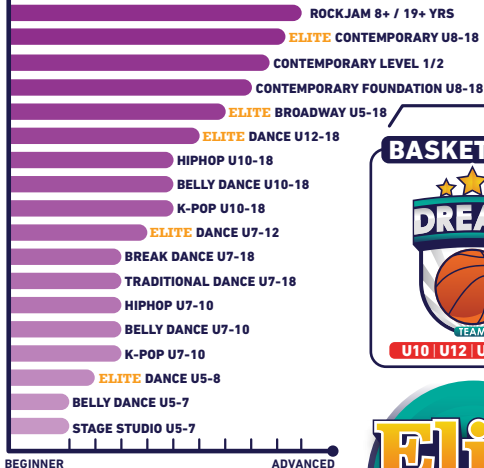
SWIMMING



PICKLEBALL



DANCE



NEW DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

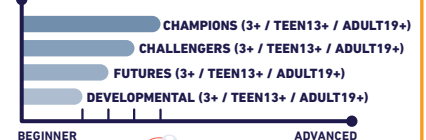
FUTSAL

U6 | U8 | U10 | U13

GYMNASICS

LEVEL 3-10

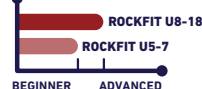
TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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Spring Term Schedule

Jan 20th until Apr 20th 2025

Adult 19+ Only

SCAN FOR E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday						
	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP		
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NEW! Elite CHAMPIONSHIPS ADULT 19+

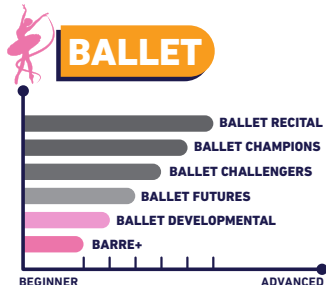
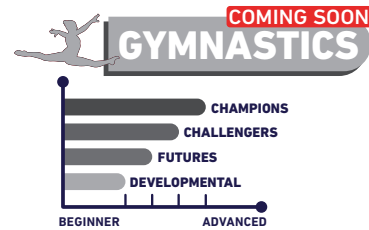
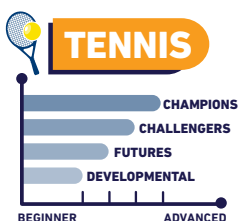
REGISTRATION OPENS 1ST APRIL 2025

60 Min Class Ladder Play for ADULT 19+

An extension of regular classes, emphasizing competitive gameplay and strategic skill development.

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.