



GAJAH MADA PLAZA

+6221 3972 9888

Winter Term Schedule

Oct 21st 2024 until Jan 19th 2025

SCAN FOR E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday					Sunday						
	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5				
08.00																																
08.30																																
08.30																																
09.00																																
09.00																																
09.30																																
10.00																																
10.30																																
11.00																																
11.30																																
12.00																																
12.00																																
12.30																																
13.00																																
13.30																																
14.00																																
14.30																																
15.00																																
15.30																																
16.00																																
16.30																																
17.00																																
17.30																																
18.00																																
18.30																																
19.00																																
19.30																																
20.00																																
20.30																																
20.30																																
21.00																																



INDEX: Gymnastics Cheerleading Ballet Contemporary Dance Broadway Dance Taekwondo **Elite**: up to 90 min class **DREAM TEAM**: up to 180 min class



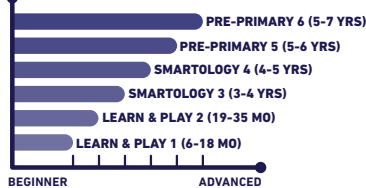
FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

NEW PROGRAM CLASSIFICATION & PROGRESSION

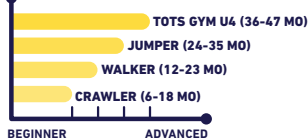
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

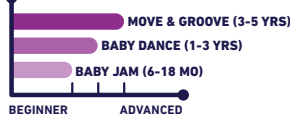
NEW ACADEMIC



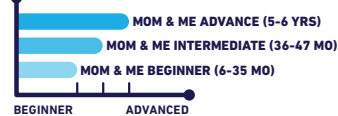
GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS



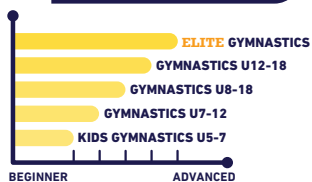
MULTI-SPORTS



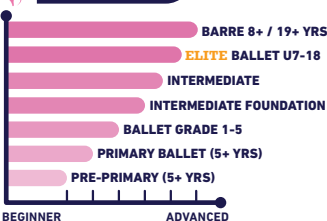
5-18
YRS

ACTIVITY CLASSES

GYMNASTICS



BALLET



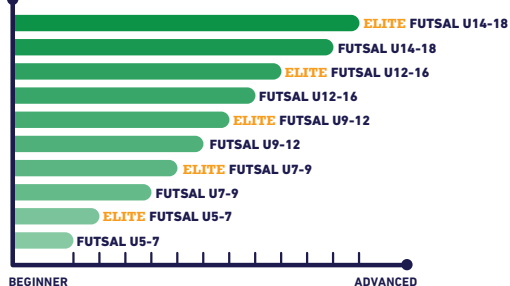
MARTIAL ARTS



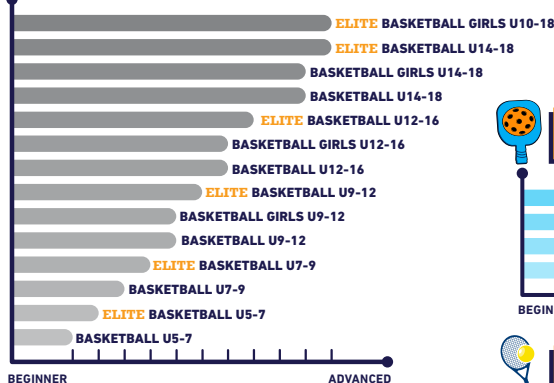
CHEERLEADING



FUTSAL



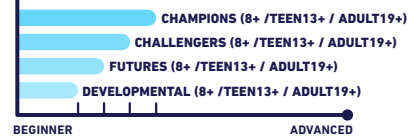
BASKETBALL



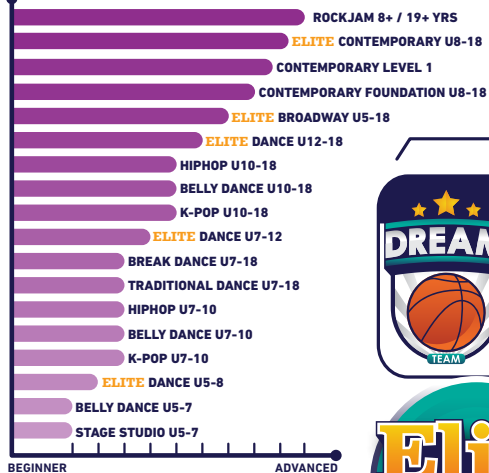
SWIMMING



PICKLEBALL



DANCE



NEW DREAM TEAM

BASKETBALL

- BASKETBALL U10
- BASKETBALL U12
- BASKETBALL U14
- BASKETBALL U16

FUTSAL

- FUTSAL U6
- FUTSAL U8
- FUTSAL U10
- FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR





GAJAH MADA PLAZA

+6221 3972 9888

Preschool KINDERGARTEN

Winter Term Schedule

Oct 21st 2024 until Jan 19th 2025

SCAN FOR
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2				
08.00																		
08.30																		
08.30																		
09.00																		
09.00	Pre Primary 5 5-6 yrs		Pre Primary 5 5-6 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 5-6 yrs		Pre Primary 5 5-6 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 5-6 yrs									
09.30						LEARN & PLAY 2 19-35 mo					LEARN & PLAY 2 19-35 mo							
10.00																		
10.00																		
10.30																		
10.30																		
11.00																		
11.00	SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs									
11.30																		
11.30																		
12.00	SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs				SMART OLOGY 3 3-4 yrs									
12.00																		
12.30																		
12.30																		
13.00																		
13.00	Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs		Pre Primary 6 5-7 yrs									
13.30																		
13.30																		
14.00																		
14.00																		
14.30																		
14.30																		
15.00																		
15.00																		
15.30																		
15.30																		
16.00																		
16.00																		
16.30																		
16.30																		
17.00																		
17.00																		
17.30																		
17.30																		
18.00																		
18.00																		
18.30																		
18.30																		
19.00																		
19.00																		
19.30																		
19.30																		
20.00																		
20.00																		
21.00																		



INDEX: PRESCHOOL : LEARN & PLAY 1 | LEARN & PLAY 2 | SMART OLOGY 3 | SMART OLOGY 4 | KINDERGARTEN : Pre Primary 5 | Pre Primary 6

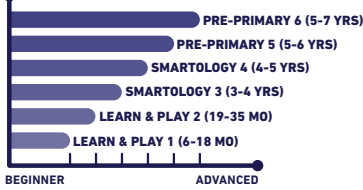
FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

NEW PROGRAM CLASSIFICATION & PROGRESSION

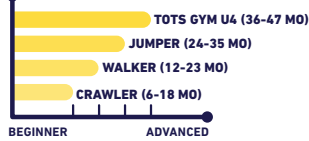
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

NEW ACADEMIC



GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS



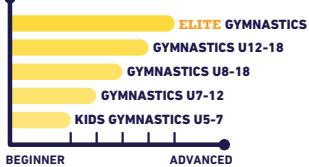
MULTI-SPORTS



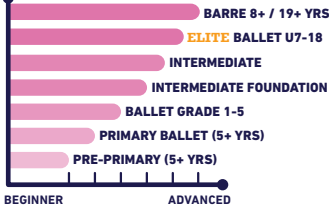
5-18
YRS

ACTIVITY CLASSES

GYMNASTICS



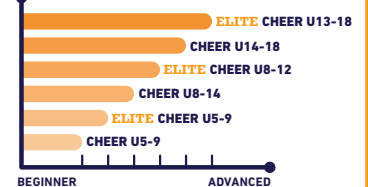
BALLET



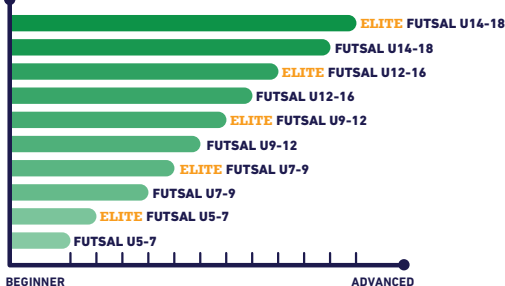
MARTIAL ARTS



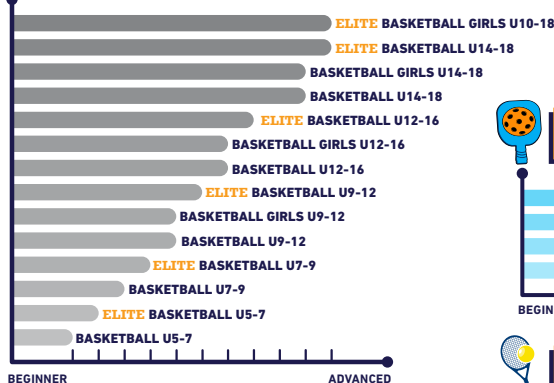
CHEERLEADING



FUTSAL



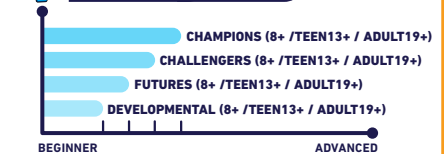
BASKETBALL



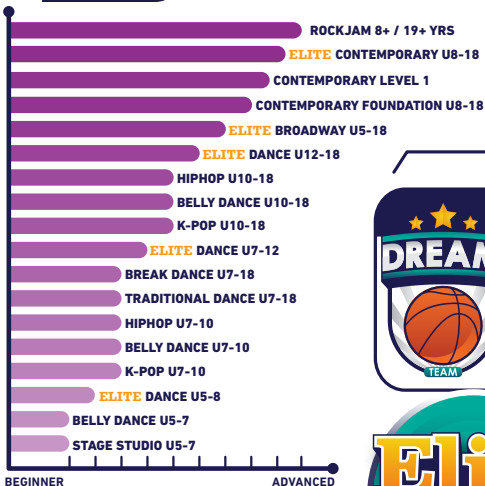
SWIMMING



PICKLEBALL



DANCE



NEW DREAM TEAM

BASKETBALL

- BASKETBALL U10
- BASKETBALL U12
- BASKETBALL U14
- BASKETBALL U16

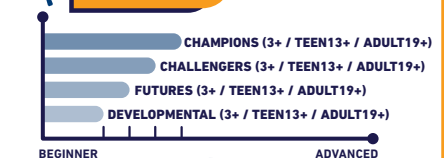
FUTSAL

- FUTSAL U6
- FUTSAL U8
- FUTSAL U10
- FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR





GAJAH MADA PLAZA

+6221 3972 9888

Winter Term Schedule
Oct 21st 2024 until Jan 19th 2025

SCAN FOR
E-SCHEDULE



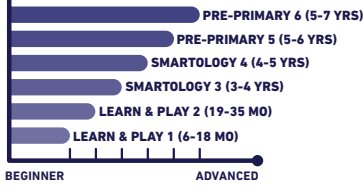
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday											
	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong								
07.00																																				
08.00	ENJOY FREE PLAY! Available in Sports Court whenever there are no classes or Private Instructions scheduled! 																																			
09.00																																				
09.30																																				
09.30																																				
10.00																																				
10.30																																				
11.00																																				
11.30																																				
12.00																																				
12.30																																				
13.00																																				
13.30																																				
14.00																																				
14.30																																				
15.00																																				
15.30																																				
16.00																																				
16.30																																				
17.00																																				
17.30																																				
18.00																																				
18.30																																				
19.00																																				
19.30																																				
20.00																																				
20.30																																				
21.00																																				
22.00																																				

NEW PROGRAM CLASSIFICATION & PROGRESSION

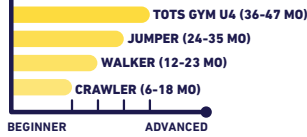
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

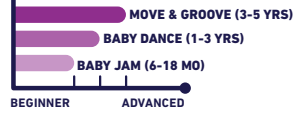
NEW ACADEMIC



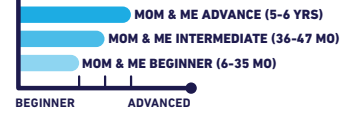
GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS



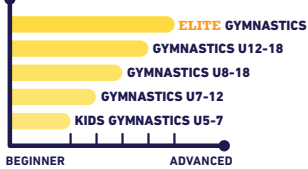
MULTI-SPORTS



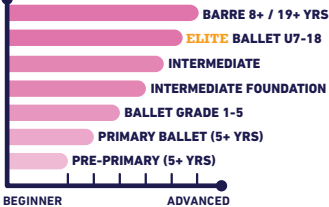
5-18
YRS

ACTIVITY CLASSES

GYMNASTICS



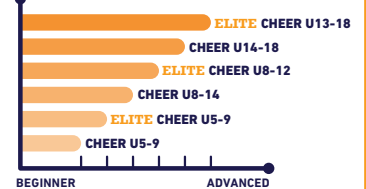
BALLET



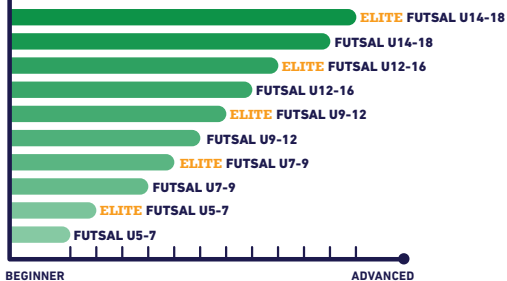
MARTIAL ARTS



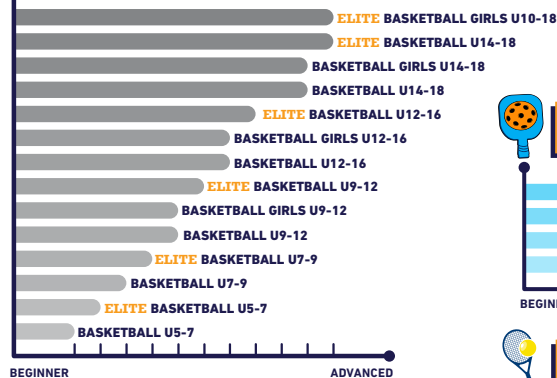
CHEERLEADING



FUTSAL



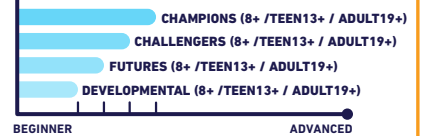
BASKETBALL



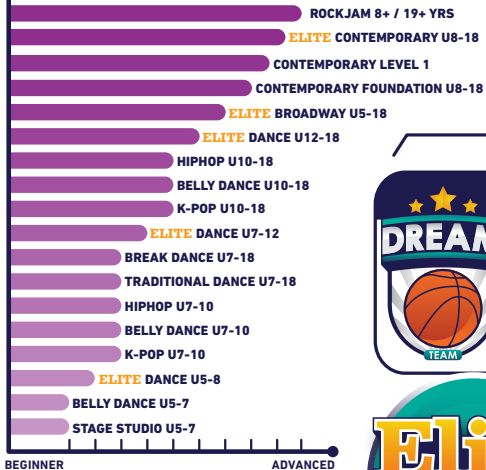
SWIMMING



PICKLEBALL



DANCE



NEW DREAM TEAM

BASKETBALL

BASKETBALL U10
BASKETBALL U12
BASKETBALL U14
BASKETBALL U16

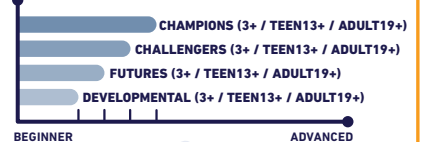
FUTSAL

FUTSAL U6
FUTSAL U8
FUTSAL U10
FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

TENNIS



PING PONG



ROCKFIT



YOGA



PARKOUR





GAJAH MADA PLAZA

+6221 3972 9888

Winter Term Schedule Oct 21st 2024 until Jan 19th 2025 Adult19+ Only

SCAN FOR E-SCHEDULE



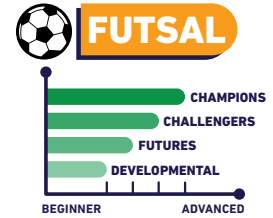
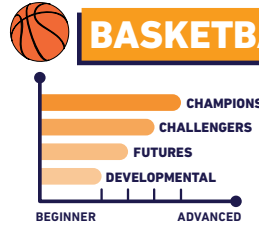
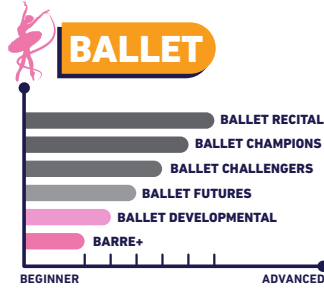
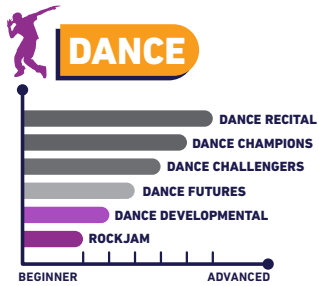
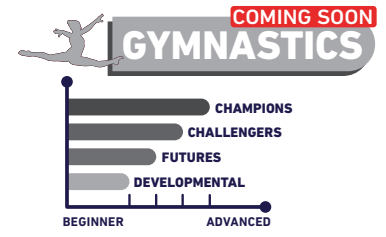
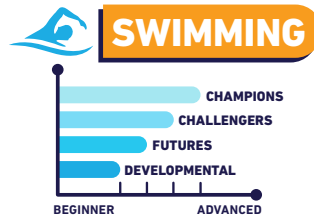
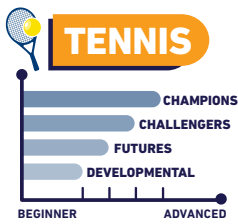
Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP
07.00																																			
07.30																																			
07.30 - 08.00									Swim Adult19+																										
08.00									FREE																										
08.30									Swim Adult19+																										
08.30 - 09.00																																			
09.00																																			
09.30																																			
09.30 - 10.00																																			
10.00																																			
10.00 - 10.30																																			
10.30																																			
10.30 - 11.00																																			
11.00																																			
11.00 - 11.30																																			
11.30																																			
11.30 - 12.00																																			
12.00																																			
12.00 - 13.00																																			
13.00																																			
13.00 - 14.00																																			
14.00																																			
14.00 - 14.30																																			
14.30																																			
14.30 - 15.00																																			
15.00																																			
15.00 - 15.30																																			
15.30																																			
15.30 - 16.00																																			
16.00																																			
16.00 - 16.30																																			
16.30																																			
16.30 - 17.00																																			
17.00																																			
17.00 - 17.30																																			
17.30																																			
17.30 - 18.00																																			
18.00																																			
18.00 - 18.30																																			
18.30																																			
18.30 - 19.00																																			
19.00																																			
19.00 - 19.30																																			
19.30																																			
19.30 - 20.00																																			
20.00																																			
20.00 - 20.30																																			
20.30																																			
20.30 - 21.00																																			
21.00																																			
21.00 - 21.30																																			
21.30																																			
21.30 - 22.00																																			
22.00																																			

ENJOY FREE PLAY!
Tersedia di Lapangan Olahraga kapan pun saat tidak ada jadwal kelas atau Kelas Privat!

30 Days Free Trial for ADULT19+
Ajak teman, rekan kerja, atau anggota keluarga anda untuk menikmati 30 hari Kelas Gratis! Penawaran ini berlaku selama Winter Term 2024 & anda diharuskan untuk hadir pada saat penukaran.

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.