

# KOTA KASABLANKA C +6221 2961 2708

Cheerleading

# **Spring Term Schedule** Jan 20<sup>th</sup> until Apr 20<sup>th</sup> 2025

Elite: up to 90 min class

### SCAN FOR E-SCHEDULE



Time		Monday			Tuesday			Wednesday			Thursday			Friday		Saturday		-		Sunday			
	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2		
06.00 07.00																							
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08.00																			ן גו נדעם	.1 5( 😂			
08.00 08.30																		/CI	HAMPION	ешпе ж			
08.30																		<del>-</del> / / / / / / / / / / / / / / / / / / /	TA WIPTUN	oniro*/			
09.00																		<b>1</b>		MEDI			
09.00 09.30		- ro	&PLAY	Jumper	(A)	&PLAY		ro	&PLAY		- ro	LEARN &PLAY 1		<b>₽</b> ro	LEARN & PLAY	Walker	7						
09.30		Primary	2	24-35	Primary	1		Primary	2		Primary	arlan		Primary	2	12-23							
10.00		5	19-35 mo	mo	5	6-18 mo		5	19-35 mo		5	6-18 mo		5	19-35 mo	mo							
10.00 10.30		E / vmc		Crawler	E / 1/20	&PLAY	Walker	E / vmo	LEARN & DILAY	Crawler	E /	LEARN & DI AV	Crawler	E /		Jumper			USA				
10.30		5-6 yrs		6-18 mo	5-6 yrs	2	12-23	5-6 yrs	&PLAY 2	6-18 mo	5-6 yrs	&PLAY 2	6-18	5-6 yrs		24-35							
11.00				1110		19-35 mo	mo		19-35 mo	1110		19-35 mo	mo			mo			U7-12				
11.00 11.30		SMART OLOGY		Jumper	SMART OLOGY	Baby	Jumper	SMART OLOGY	Baby	Jumper	SMART OLOGY	Baby	Walker	SMART OLOGY	Baby	USA	Baby	#	USA	Elite	Sports		
11.30		4		24-35	4	Dance 1-3 yrs	24-35	4	Dance 1-3 yrs	24-35	4	Dance	12-23	4	Jam 6-18 mo		Dance 1-3 yrs	/\ Gr.1-3		<b>*</b>	U3		
12.00		4-5 yrs		mo	4-5 yrs	1 3 913	mo	4-5 yrs	1-5 yr 5	mo	4-5 yrs	1-3 yrs	mo	4-5 yrs		U4	1-3 yrs	(Skill dep.)	U5-7				
12.00 12.30	USA	SMART OLOGY		Walker	SMART OLOGY	Baby	Jumper	SMART OLOGY	Baby	Walker		Baby	Jumper	SMART OLOGY	P-Ballet <sup>1/2</sup>	USA	Muay Thai	Move&	USA	U8-18	Baby		
12.30		3		12-23	3	Dance	24-35	3	Dance 1-3 yrs	12-23		*	24-35	3	7		6+ yrs	Groove 3-5 yrs			Jam 6-18 mo		
13.00	U5-7	3-4 yrs		mo	3-4 yrs	1-3 yrs	mo	3-4 yrs	1-5 yı 5	mo		2-3 yrs	mo	3-4 yrs	3-5 yrs	U7-12			U4		0-10 1110		
13.00 13.30	USA	e re	Baby	USA	enre.	Move&		<b>e</b> re			<b>S</b> re	Move&	USA	e re	Baby	USA	Martial	P-Ballet <sup>1/2</sup>	Crawler	Sports	K-Pop		
13.30		Primary	Dance		Primary	Groove 3-5 yrs		Primary			Primary	Groove 3-5 yrs		Primary	Dance 1-3 yrs		Arts 4-7 yrs	7	6-18 mo	U4/5	U7-18		
14.00 14.00	U4	6	1-3 yrs	U5-7	6	0 0 yr 3		6	P-Ballet <sup>1/2</sup>	1	6	P-Ballet <sup>1/2</sup>	U4	6	1 3 913	U5-7	4-7 yi 3	3-5 yrs PP/P					
14.30	Jumper	E 7	Move&	USA	5-7 yrs		USA	E 7 vrs	r-ballet	USA	5-7 yrs	r-ballet	Jumper	5-7 yrs	Move&	USA	Trad.	FF/F	USA	Baby	H-Hop		
14.30	24-35 mo	5-7 yrs	Groove	_	5-7 yrs			5-7 yrs	7		5-7 yrs	7	24-35 mo	5-7 yrs	Groove 3-5 yrs		Dance U7-18	<b>_</b> *		Dance 1-3 yrs	U7-18		
15.00 15.00			3-5 yrs	U4			U4		3-5 yrs	<u>U5-7</u>		3-5 yrs			PP/P	U5-7		5+ yrs	U5-7				
15.30	USA		Martial	USA	Sports	RockFit	USA	Move&		USA			USA	Stage		USA	Elite		Jumper	Elite	Move&		
15.30			Arts 4-7 yrs		U4/5	U5-7		Groove 3-5 yrs						Studio U5-7		117.10			24-35 mo		Groove 3-5 yrs		
16.00 16.00	U4		4 / J13	U5-7	-		U5-7		U5-9	U4		Elito	U5-7		5+ yrs	U7-18	K			K	0 0 313		
16.30	USA			USA	Stage Studio		USA	Stage Studio	<b>F</b>	Elite		Elite	USA	Tkd. <mark>□</mark> - ■	Barre+	Elite	U8-18	Poomsae	USA	U8-18			
16.30			4		U5-7		U5-7	U5-7	Gr.1-4 (Skill dep.)	USA	115.0	🤺 U5-7		6+ yrs	8+ yrs	USA	Elite	6+yrs	U7-12				
17.00 17.00	U5-7	Ct-		U7-12				Elite		USA	U5-9	11	U5-7	aut.		USA	The		=				
17.30	USA	Stage Studio	Tkd.			RockFit	USA		Elite			F	USA				1	Tkd.	Elite				
17.30 18.00	U7-12	U5-7	6+ yrs			RockFit U7-18	U7-12		\$			Gr.1/2	U7-12	Foundation	Elite	Elite	U5-18	[] 6+ yrs	USA				
18.00 18.00	07-12						07-12		7	USA	U8-18 Elite	(Skill dep.)	07-12	& L1/2 Elite			05-10	,	USA				
18.30		Н-Нор	Tkd. □ - ■		Н-Нор			U5-9	U7-18	U7-12	BITTE			EIIIC /	"	USA		Tkd.					
18.30		U7-18	- <b>■</b> 6+ yrs		U7-18				<b>G</b> r.5-			Elite			6+ yrs			6+ yrs					
19.00 19.00		Elite	,		Elite				Advance		<b>*</b>				6+ yrs								
19.30					Eille				(Skill dep.)		U5-9			U8-18				Tkd. □-■					
19.30		U5-8			7							U8-18			Barre+			6+ yrs					
20.00		7 7			1							00-10			Adult19+								
20.30					U8-18													DECI	STRA	PION C	DENIC		
20.30 21.00																							
21.00		PRESCH	DOL : LFA	N&PLAY	1 LEAR	N&PLAY	2 SMARTOLOGY3 SMART			OLOGY <mark>4 KINDERGARTEN</mark>			Primary	5 Pre	mary 6			1ST APRIL 2025					

**R** Broadway



# KOTA KASABLANKA C +6221 2961 2708

## **Spring Term Schedule** Jan 20<sup>th</sup> until Apr 20<sup>th</sup> 2025

### SCAN FOR E-SCHEDULE



	Monday					Tues	day		Wednesday				Thursday					Frie	day			Satu	day					
Time	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal
08.00 08.30	ENJ	OY FR	EE PL	AYI																				BREAM				ODEAN.
08.30																								DREAM			-	DREAM
<u>09.00</u> 09.00	Available in Sports Court whenever there																				<u> </u>				=			
09.30 09.30	are no classes or Private Instructions													<b>Report</b>								Q P	U10 & U13				U10 & U13	
09.30 10.00						Adult19+								Adult19+								Adult19+						
10.00						1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2								Auditi														
10.30 10.30	_	sched	luled!	-	Sports U3																		LADDER PLAY				A	U9-18
11.00			03																		Adult19+				3-7 yrs	U9-18		
11.00 11.30	AR	V																										
11.30					Sports U3				Sports U3												Elite							
12.00																					Effte							
12.00 12.30													Sports								1							
12.30													Sports U3								U5-10							
13.00 13.00																					$\overline{}$						$\rightarrow$	
13.30	Sports								Sports U4/5												1							
13.30 14.00	Ú4/5								04/5												U5-7	U9-18						
14.00									Marattal								46				Elite			Elite	46	46		
14.30 14.30	RockFit U5-7		9				9		Martial Arts 4-7 yrs		9		Sports U4/5				1		9						1		Y	<b>③</b>
15.00			3-7 yrs				3-7 yrs		4-7 yrs		3-7 yrs				3-7 yrs		U5-7		3-7 yrs		1		U9-18	<b>③</b>	U5-7	U9-18	8-18 yrs	U5-7
15.00 	1				<b>M</b>		9	<b>③</b>			Q	<b>③</b>		<b>M</b>	9	<b>③</b>	1		9		U9-18		Q	U9-18		Elite		Elite
15.30	_				_		1	115.7			1			_	<b>\</b>	115.7	_		<b>\</b>	<b>③</b>				Elite			7	
16.00 16.00	U5-7				U5-7		8-18 yrs	U5-7			8-18 yrs	U5-12		U5-7	8-18 yrs	U5-7	U9-18		8-18 yrs	U5-7			3-7 yrs				3-7 yrs	<b>③</b>
16.30	1				1			<b>③</b>	1					1		$\odot$	Elite				1		P			U9-18		U5-7
16.30 17.00	U9-18		10.10	U5-7	U9-16		U9-18	U7-12	U5-7		U9-18			_	110.10	U7-16	1		U9-18	U9-12	U9-18			U5-7			10 10	Elite
17.00 17.00			U9-18		Elite		U7-18	07-12	03-7		07-18			Elite	U9-18	2. 13	_		07.10	Elite	0,-10		8-18 yrs				U9-18	
17.30 17.30			400		Einte	Tkd. ∏					400	<b>3</b>					U5-12		Sp.				Y 🗐	<b>③</b>				
17.30			Adult19+	110 17	1	6+ yrs					Adult19+	U8-18		1					Adult19+	(3)			Adult19+	U5-7				U7-12
18.00					U5-10									U8-18			1			U8-16								Elite
18.30 18.30																	Basket							<b>(3)</b>				
19.00																	Adult19+							U7-12				
19.00 19.30																				3								U9-18
19.30																				Futsal								
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20.30 21.00	INDEX	K: (5	Baske	tball	Fu	tsal 📗	7 Tenn	nis   🧐	Pickle	eball	Elit	e : up t	o 90 mir	n class	DRE	<b>AM</b> : u	up to 120	) min cla	ass									
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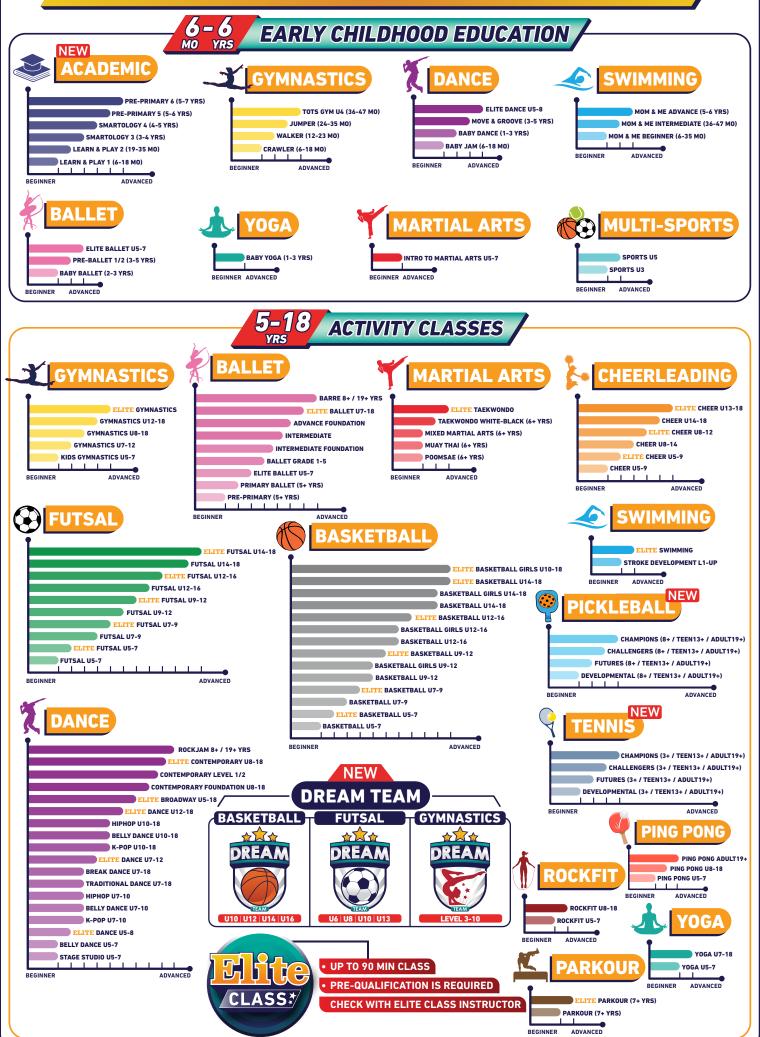
# **Spring Term Schedule** Jan 20<sup>th</sup> until Apr 20<sup>th</sup> 2025

### SCAN FOR E-SCHEDULE



<b>-</b> .	Monday				Tuesday		Wednesday			Thursday				Friday			Saturday				
Time	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3
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10.00				Swim			Swim			Swim			Swim			Swim	Swim	Swim	Swim	Swim	Swim
10.30				Swim M&M L1			Swim M&M L1			Swim M&M L1			Swim M&M L1			M&M L2	Swim M&M L1	Swim M&M L3	Swim M&M L3	Swim M&M L1	Swim M&M L2
11.00				6-35 mo			6-35 mo			6-35 mo			6-35 mo			3-4 yrs	6-35 mo	5-6 yrs	5-6 yrs	6-35 mo	3-4 yrs
11.00																G	a	S	G. 1	G. 1	G. 1
11.30 11.30																Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3	Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3
12.00																	5011.22	201120	2011.21	201122	2011.20
12.00																					
12.30 12.30																					
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13.30																Elite			Elite		
14.00																Elite			Elite		
14.00																	Stroko			Stroko	
14.30 14.30																	Stroke Dev. L4			Stroke Dev. L3	
15.00 15.00																(Skill dep.)			(Skill dep.)		
15.30				Swim M&M L2									Swim M&M L2	Swim M&M L1		Stroke	Stroke	Stroke	Stroke	Stroke	Stroke
15.30				3-4 yrs									3-4 yrs	6-35 mo		Dev. L1	Stroke Dev. L2	Stroke Dev. L3	Dev. L1	Stroke Dev. L2	Dev. L4
16.00 16.00				0 4 313									0 4 313								
16.30		Stroke	Stroke				Swim M&M L2			Stroke			Stroke	Swim M&M L3		Swim M&M L1	Swim M&M L3	Swim M&M L2	Swim M&M L3	Swim M&M L1	Swim M&M L2
16.30		Dev. L1	Dev. L2				3-4 yrs			Dev. L1			Dev. L1	5-6 yrs		6-35 mo	5-6 yrs	3-4 yrs	5-6 yrs	6-35 mo	3-4 yrs
17.00 17.00							2 , ,,,,							, , , , ,		2 330	, = ,.0	3 4 313	2 0 7.0		, ,
17.30 17.30										Stroke			Stroke Dev. L2			Stroke Dev. L2	Stroke				
17.30										Dev. L2			Dev. L2			Dev. L2	Stroke Dev. L1				
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20.30	INDEX:	INDEX: Swimming Elite: up to 90 min class																			
	INDEX: Swimming Elite : up to 90 min class															•					

### **NEW PROGRAM CLASSIFICATION & PROGRESSION**





### KOTA KASABLANKA \$\circ\$ +6221 2961 2708

# Spring Term Schedule Jan 20th until Apr 20th 2025 Adult19+ Only

## SCAN FOR E-SCHEDULE



		Monda	ay			Tueso	lay		Wednesday				Thursday					F			Sunday								
Time	Studio 9	Sports Tenni	s Swim	Futsal	Studio S	orts Tenn	is Swir	n Futsal	Studio Sports Tennis Swim Futsal S			Studio Spor	ts Tennis	Swim	Futsal	Studio	Sports To	ennis Sv	vim Futsal	Studio	Sports Te	ennis S	Swim Futsal	Studio Sports Tennis Swim Futsal			Futsal		
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15.30																MIII	n C	ass	3										
15.30						<b>4</b> S	T /	(TP)	<u> </u>	<u>L20</u>	OK.									•	strate	egic s	KIII (	develo	ome	nt.			
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#### **NEW PROGRAM CLASSIFICATION & PROGRESSION**

#### ADULT19+

















#### **PING PONG** CHAMPIONS CHALLENGERS DEVELOPMENTAL

#### Stills Leveling.

**CHAMPIONS** Advance Level

**CHALLENGERS** Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

#### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

#### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

#### **Barret**

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

#### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

CHAMPIONSHIPS 🖈

Events&Competitions:





Termly Competition where teams of equal skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience.

#### **Ballet & Dance Leveling:**



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures** 

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

#### Sports Team's Divisions: 🤎 🦓 🚱 🟖 🌱



**Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures** 

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental