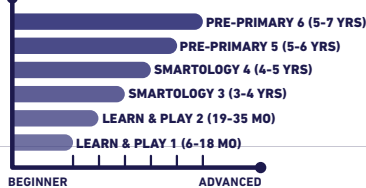




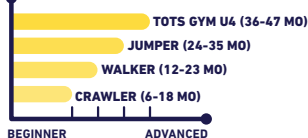
# NEW PROGRAM CLASSIFICATION & PROGRESSION

## 6-6 MO YRS EARLY CHILDHOOD EDUCATION

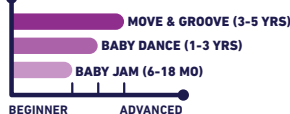
### NEW ACADEMIC



### GYMNASTICS



### DANCE



### SWIMMING



### BALLET



### YOGA



### MARTIAL ARTS

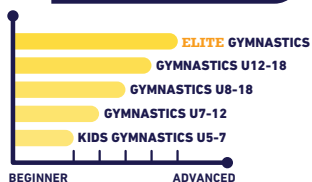


### MULTI-SPORTS

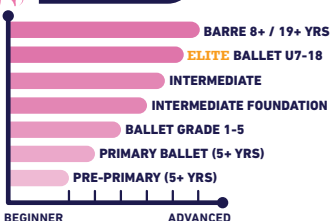


## 5-18 YRS ACTIVITY CLASSES

### GYMNASTICS



### BALLET



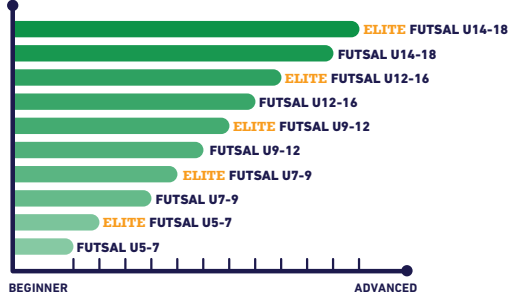
### MARTIAL ARTS



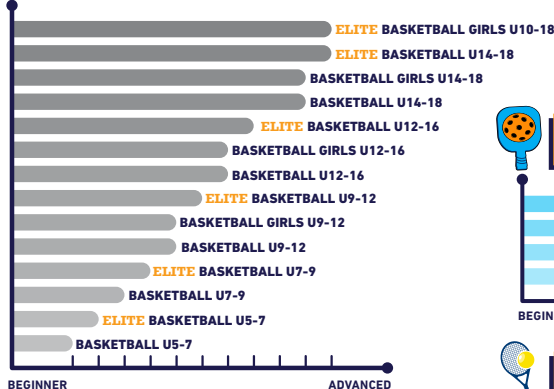
### CHEERLEADING



### FUTSAL



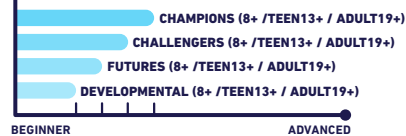
### BASKETBALL



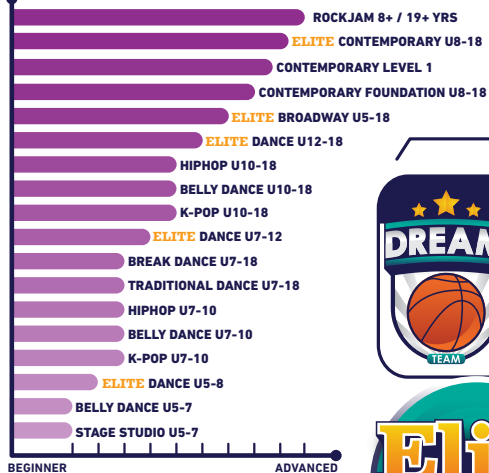
### SWIMMING



### PICKLEBALL



### DANCE



### NEW DREAM TEAM

#### BASKETBALL

- BASKETBALL U10
- BASKETBALL U12
- BASKETBALL U14
- BASKETBALL U16

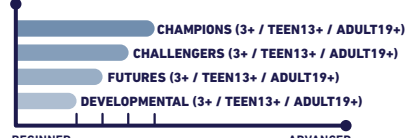
#### FUTSAL

- FUTSAL U6
- FUTSAL U8
- FUTSAL U10
- FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

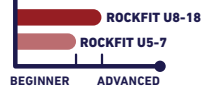
### TENNIS



### PING PONG



### ROCKFIT



### YOGA



### PARKOUR





# LIVING WORLD CIBUBUR

+6221

## Sample Schedule

SCAN FOR E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday																							
	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong																					
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11.00																																										
11.30																																										
12.00	<div style="border: 2px solid black; padding: 5px; text-align: center;"> <b>Proposed &amp; Not Final Schedule</b> </div>																																									
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21.00																																										

INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | **Elite**: up to 90 min class

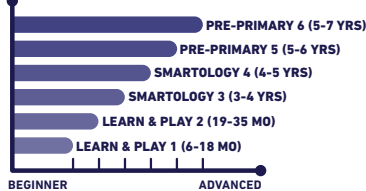
**ENJOY FREE PLAY!**  
 Play with your friends whenever there are no classes scheduled!

# NEW PROGRAM CLASSIFICATION & PROGRESSION

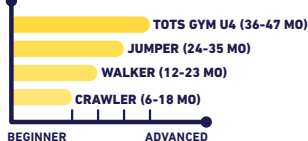
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

### NEW ACADEMIC



### GYMNASTICS



### DANCE



### SWIMMING



### BALLET



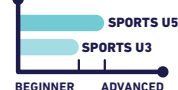
### YOGA



### MARTIAL ARTS



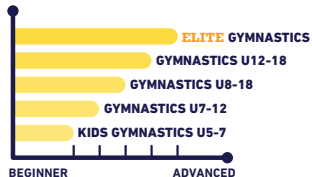
### MULTI-SPORTS



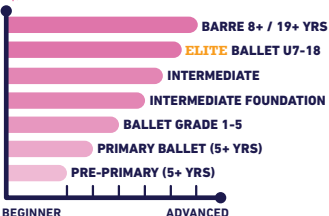
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



### BALLET



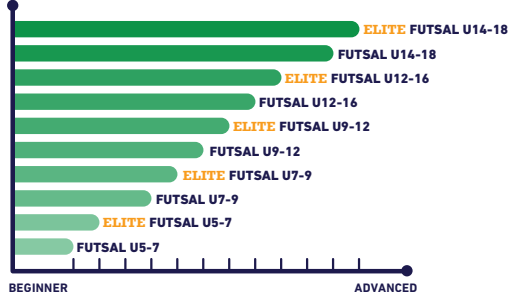
### MARTIAL ARTS



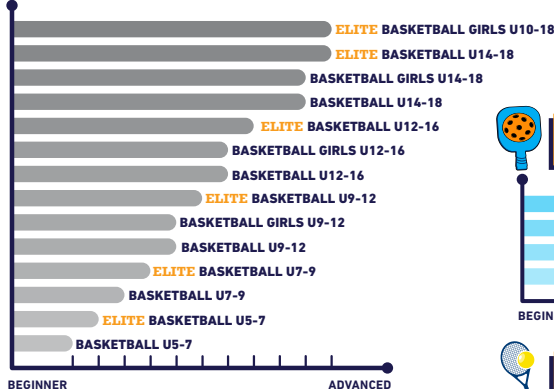
### CHEERLEADING



### FUTSAL



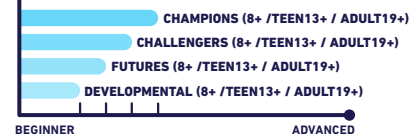
### BASKETBALL



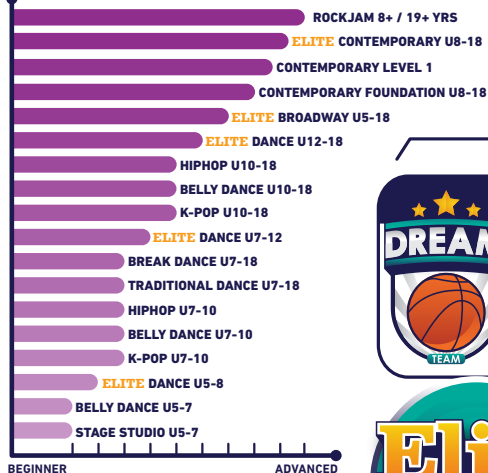
### SWIMMING



### PICKLEBALL



### DANCE



### NEW DREAM TEAM

#### BASKETBALL

- BASKETBALL U10
- BASKETBALL U12
- BASKETBALL U14
- BASKETBALL U16

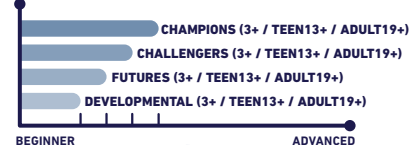
#### FUTSAL

- FUTSAL U6
- FUTSAL U8
- FUTSAL U10
- FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

### TENNIS



### PING PONG



### ROCKFIT



### YOGA



### PARKOUR





# LIVING WORLD CIBUBUR

+6221

# Sample Schedule

Adult 19+ Only

SCAN FOR E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday					
	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong			
09.00																								
09.30																								
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10.30																								
11.00					Adult 19+			Adult 19+		Adult 19+				Adult 19+			Adult 19+							
11.30																								
12.00										Barre+ Adult 19+ yrs				Rock Jam Adult 19+ yrs										
12.30																								
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19.30	Adult 19+																							
20.00																								
20.30																								
21.00																								

**Proposed & Not Final Schedule**

**ENJOY FREE PLAY!**  
Play with your friends whenever there are no classes scheduled!

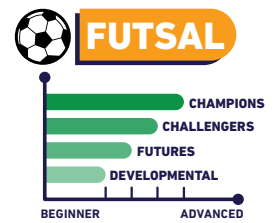
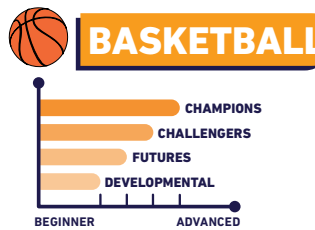
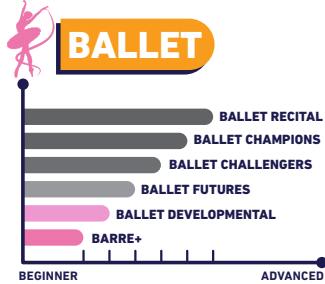
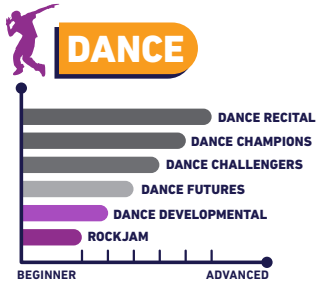
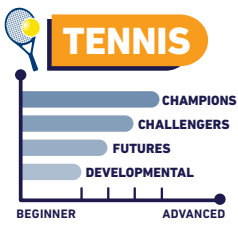
**Rock Jam** - High-impact Dance Cardio Class, Mix of Zumba, Pound Fit, & Aerobic  
**Barre+** - Pilates & Ballet inspired Full Body Conditioning Training

**INDEX:** Tennis | Pickleball | Ping Pong | **Elite**: up to 90 min class



# NEW PROGRAM CLASSIFICATION & PROGRESSION

## ADULT 19+



### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

### Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

### Skills Leveling:

**CHAMPIONS**  
Advance Level

**CHALLENGERS**  
Intermediate Level

**FUTURES**  
Beginner Level

**DEVELOPMENTAL**  
Introductory Level

## Elite CHAMPIONSHIPS

### Events & Competitions:



## Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

### Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

### Sports Team's Divisions:

- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.