

LIVING WORLD CIBUBUR +6221

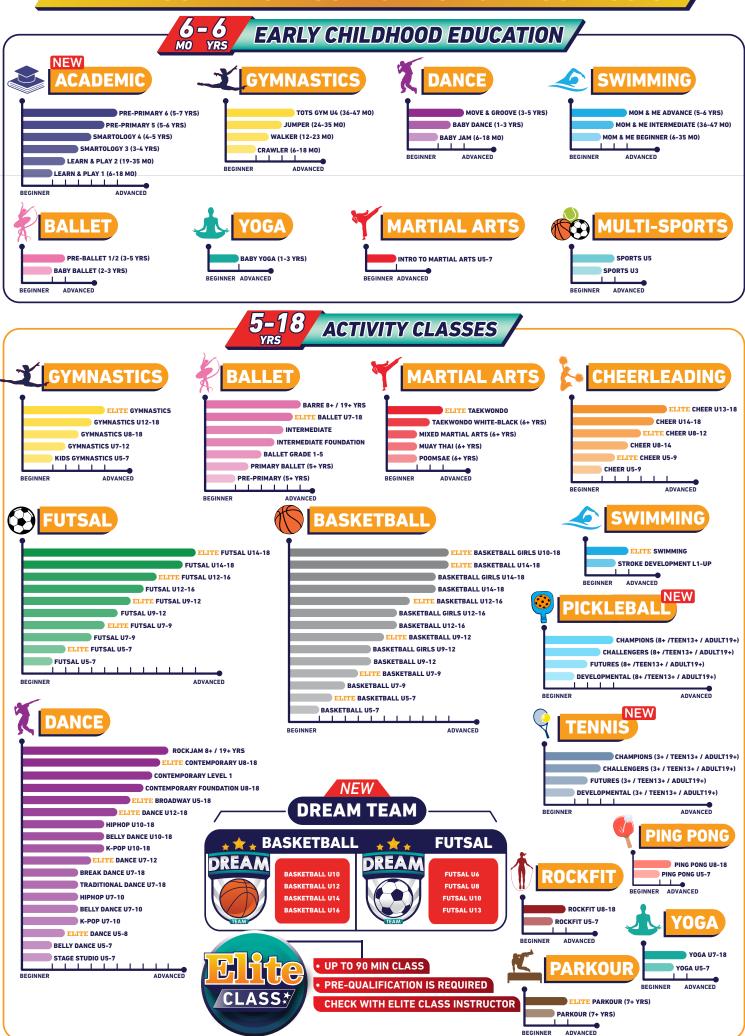
Sample Schedule

SCAN FOR E-SCHEDULE



																																			_
	Monday			Tuesday			esday			Wednesday					Thursday			Friday			Saturday			Sunday											
Time 08.00	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2		4
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09.30					Primary 5					1					Primary 5					1							1 -		333	ورور					
10.00					5-6 yrs					6-18 mo					5-6 yrs					6-18 mo												111			_
10.00 10.30					3-0 yıs		Baby			&PLAY	Walker	Baby			5-6 yis		Baby			6-18 mo	Walker	Baby				Walker					Crawler				
10.30						6-18 mo	Dance 1-3 yrs			2	12-23	Dance 1-3 yrs					Dance 1-3 yrs			2	12-23 mo	Dance 1-3 yrs				12-23 mo					6-18 mo				
11.00							1 0 313			19-35 mo	1110	1-5 y15					,			19-35 mo	1110					1110									
11.00					SMART	Jumper	Rahy				Jumper	Rahy			SMART OLOGY	lumpei	Barre	Baby			lumner	Baby	Rock			lumno	Baby				Walker	Baby	Baby		
11.30 11.30	USA				OLOGY 4	24-35	Dance 1-3 yrs				24-35	Dance			ULUGY 4		Adult19+	Jam 6-18					Jam			24-35	Dance				12-23	#	Jam 6-18		
12.00	U4				4-5 yrs	1110	1-3 yıs				mo	1-3 yrs			4-5 yrs	1110		mo			mo	1-3 yrs	Auditi			mo	1-3 yrs	5			mo	2-3 yrs	mo		
12.00					SMART OLOGY	Wallian									SMART		Baby															P-Ballet ^{1/2}			
12.30					OLOGY 3	Walker 12-23		Sports U3					Sports U3		OLOGY 3	Walker 12-23	1		Sports U3				Sports U3					Sports U3				*	Baby Dance		
12.30 13.00					3-4 yrs	mo		03					US		3-4 yrs	mo	2-3 yrs						03									3-5 yrs	1-3 yrs		
13.00						-										1.	2-3 yıs									.						3-5 yrs			
13.30	Walker 12-23		Baby			USA					USA					USA			Sports	n)e	USA					USA	K-Pop	Sports			Jumper 24-35		Move&	Sports	
13.30	mo		Dance 1-3 yrs			U4				rimary 6	U4					U4			Ú4/5	rimary 6	U4	-				U4	U7-18	U4/5			mo		Groove 3-5 yrs	U4/5	
14.00										5-7 yrs	04									5-7 yrs												DD/D		\rightarrow	
14.00 14.30	Jumper		Move&				Martial	Sports		0 , ,			Sports						Move&	3-7 yi 3			Cnorte			USA	Move8				USA	PP/P	Coorte		
14.30	24-35 mo		Groove 3-5 yrs				Arts 4-7 yrs	U4/5					U4/5						Groove 3-5 yrs				Sports U4/5				Groove 3-5 yrs	2				*	Sports U3		
15.00	1110		3-5 yi S				,												,							U5-7	3-3 yı s				U4	5+ yrs			
15.00	USA		Stane			سعا		Move&	•				Move&			سعا	P-Ballet ^{1/2}	Mantial			سعا		Moves			USA	Stane				USA	1	Stage		
15.30 15.30	_		Studio	Sports U3		USA		Groove			USA		Groove			USA	. 🐐	Arts	H-Hop U7-18		USA		Groove	RockFit U7-18			Stage Studio U5-7					7	Studio		
16.00	U4		U5-7			U5-7		3-5 yrs	U5-9		U5-7		3-5 yrs			U5-7	3-5 yrs	4-7 yrs			U5-7		3-5 yrs	5/ 10		U8-18	05-7				U5-7	Gr.1 (skill dep	U5-7		
16.00	1.										1					la -	PP/P				ء ما										la a	and the			
16.30	USA		RockFit			USA	Muay Thai	Stage Studio	6		USA		Stage Studio			USA	1	Inai	Stage Studio		USA			RockFit		Parkour 7+ yrs					USA	ユ	H-Hop U7-18		
16.30	U5-7		U7-18	04/5		U8-18	6+yrs	U5-7	U8-18		U8-18		U5-7			U8-18	5+ yrs	6+yrs	U5-7		U8-18		U5-7	U5-7		/ + yis					U8-18		07-18		
17.00 17.00						00 10			Broad								20															U8-18			
17.30	USA		RockFit				Tkd.	Н-Нор	way		Parkour		K-Pop				7	Tkd.					Н-Нор												
17.30	U8-18		U5-7				6+ yrs	U7-18	4		7+ yrs		U7-18				Gr.1	6+ yrs					U7-18												
18.00 18.00	30 10								人								(skill dep)																	
18.30									Ú5-18								Barre						Rock Jam												
18.30																	8+ yrs						8+ yrs				ol. low (9. ma 9 Adulto.) High increase								
19.00 19.00																										KO	ck Jam (8+ yrs & Adult19+) - High-impact								
19.30																											nce Cardio Class, Mix of Zumba, ound Fit, & Aerobic								
19.30																																			
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NEW PROGRAM CLASSIFICATION & PROGRESSION





LIVING WORLD CIBUBUR

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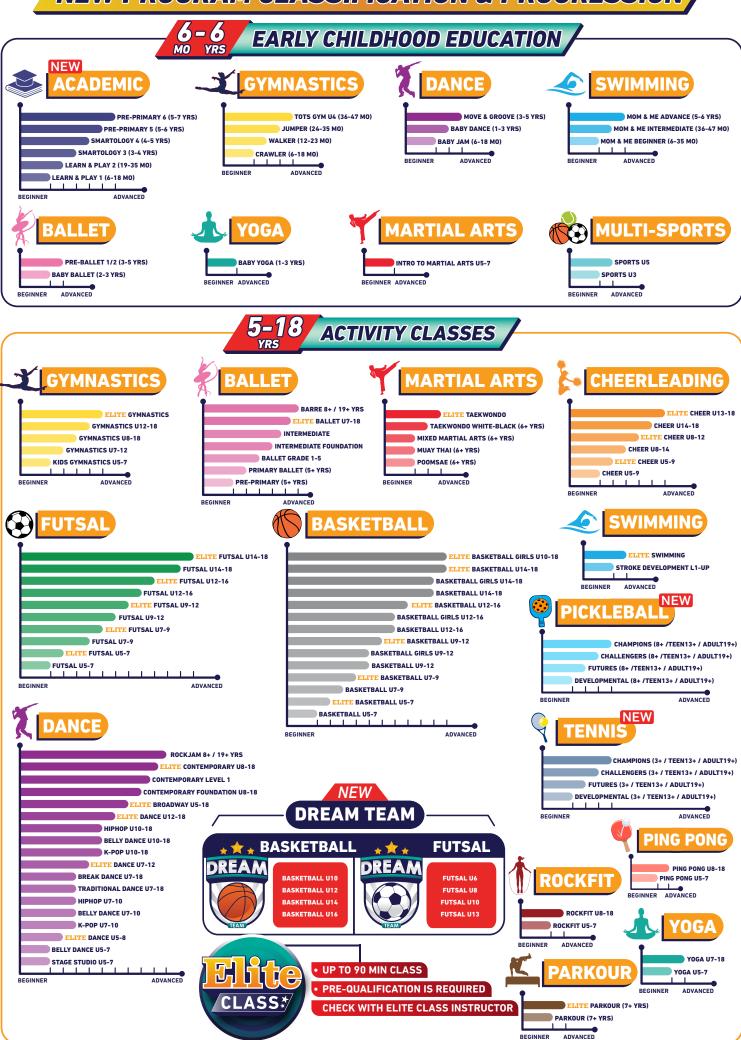
Sample Schedule

SCAN FOR E-SCHEDULE



													Friday Saturday									
Time																			Sunday			
	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	
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15.00	U5-7	3-7 yrs		U5-7			U5-7	3-7 yrs		U5-7	3-7 yrs					U8-18	8-12 yrs	U5-7	U8-18	3-7 yrs		
15.00							AFC	9			G		A				©		AFC			
15.30								Y														
15.30 16.00	U8-18			U5-7			U5-7	8-12 yrs	U5-7	U5-7	8-12 yrs		U5-7	3-7 yrs	U5-7	U5-7	U9-18		U8-18	U9-18		
16.00								0-12 yrs		00-7	0-12 yi S				03-7		07-10					
16.30	Ato			atto						A CO			(3)						M			
16.30								Y	7		1			1		U8-18	1		115.5	12		
17.00	U5-7			U8-18	3-7 yrs		U8-18	Teen13+	U8-18	U8-18	Teen13+		U5-7	8-12 yrs	U8-18	00-18	Adult19+		U5-7	Adult19+		
17.00	AFC)						AFC)						26									
17.30					7																	
17.30 18.00	U8-18	U9-18		U8-18	8-12 yrs		U8-18	U9-18		U8-18			U8-18	U9-18								
18.00								J7-10		<u> </u>				0.10								
18.30													③									
18.30		12							7		\ \											
19.00		Adult19+			U9-18				Adult19+		Adult19+		U8-18		Adult19+							
19.00																		EN M	W EDE	E PLAY		
19.30								7						7								
19.30 20.00					Adult19+			Adult19+						Adult19+						ends who		
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21.00																						
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NEW PROGRAM CLASSIFICATION & PROGRESSION





LIVING WORLD **CIBUBUR**

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Sample Schedule

SCAN FOR E-SCHEDULE



Adult19+ Only

												Friday									
Time	Monday							Wednesday Thursday							Saturday			Sunday			
	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong	Studio	Tennis	Ping Pong
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10.30					17																
11.00					Adult19+			Adult19+			Adult19+			Adult19+			Adult19+				
11.00										Barre+			Rock								
11.30 11.30										Adult			Jam Adult								
12.00										19+ yrs			19+ yrs					Adult19+			
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20.00					Addition			Auutt17+						Auutt 17+		Dock to	m U:	h imara	ot Do-	C	li e
20.30																Rock Ja	m - nig	ıı-ımpa	Ct Dan	ce card	110
20.30																Class, I	MIX Of 2	zumba,	Pound	Fit, &	Aerobic
21.00																Barre+	- Pilates	& Balle	et inspi	red Full	Body
	INDEX:	Tenr	nis 🧛 I	Pickleball	Ping F	ong Eli	ite :upto	90 min cla	ass	Barre+ - Pilates & Ballet inspired Full Body Conditioning Training											

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+

















PING PONG CHAMPIONS CHALLENGERS DEVELOPMENTAL

Stills Leveling

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

CHAMPIONSHIPS 🖈

Events&Competitions:





Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures**

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 🤎 🦓 🚱 🟖 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental