



NEO SOHO
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Spring Term Schedule
 Jan 20th until Apr 20th 2025

**SCAN FOR
 E-SCHEDULE**



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports
08.00																												
08.30																												
09.00																												
09.30																												
09.30																												
10.00																												
10.00					Jumper				Jumper				Crawler				Jumper	Baby Dance			Walker	Sports						
10.30	U4				24-35 mo				24-35 mo				6-18 mo			24-35 mo	1-3 yrs			12-23 mo	U3							
10.30																												
11.00																												
11.30																												
11.30																												
12.00																												
12.00																												
12.30	U5-7																											
13.00																												
13.00	Walker	Move & Groove				Baby Dance			Baby Dance			Sports		Baby Dance														
13.30	12-23 mo	3-5 yrs			U4	1-3 yrs			1-3 yrs			U4/5	1-3 yrs			U4												
13.30																												
14.00																												
14.00																												
14.30		Baby Dance																										
14.30	U4	1-3 yrs																										
15.00																												
15.00	Jumper	Tkd.	Move & Groove			Sports				Move & Groove				Move & Groove														
15.30	24-35 mo	6+ yrs	3-5 yrs		U5-7	U4/5			U5-7	3-5 yrs				3-5 yrs														
16.00																												
16.00																												
16.30																												
16.30																												
17.00																												
17.00																												
17.30		Tkd.																										
17.30	U5-7	6+ yrs																										
18.00																												
18.00																												
18.30																												
18.30	U8-18																											
19.00																												
19.00																												
19.30																												
19.30																												
20.00																												
20.00																												
20.30																												
20.30																												
21.00	INDEX:										Elite : up to 90 min class																	

NEW! Elite CHAMPIONSHIPS ADULT 19+

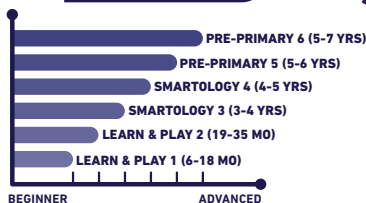
**REGISTRATION OPENS
 1ST APRIL 2025**

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

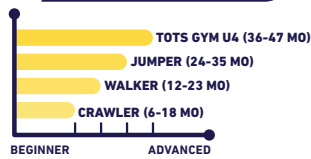
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

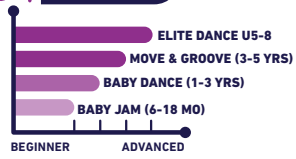
NEW ACADEMIC



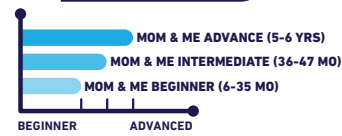
GYMNASTICS



DANCE



SWIMMING



YOGA



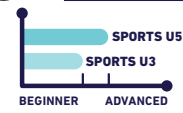
BALLET



MARTIAL ARTS

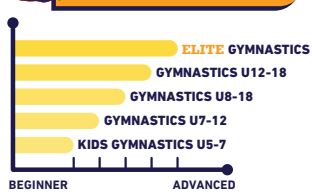


MULTI-SPORTS

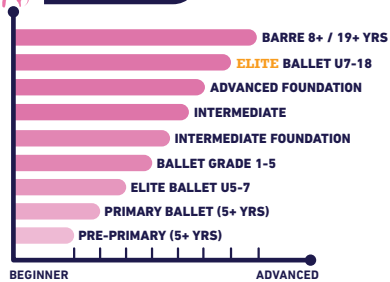


5-18 YRS ACTIVITY CLASSES

GYMNASTICS



BALLET



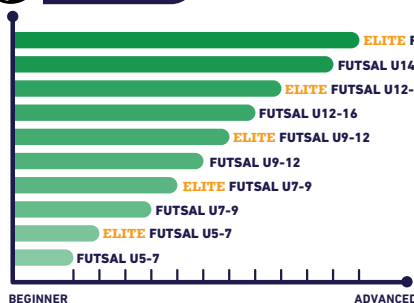
MARTIAL ARTS



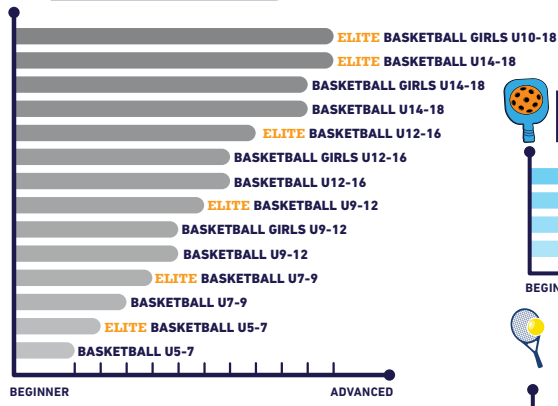
CHEERLEADING



FUTSAL



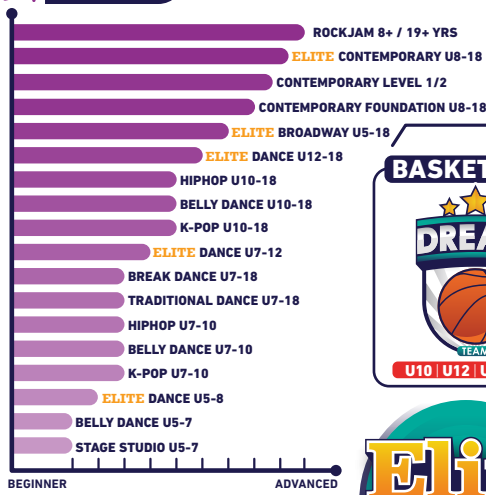
BASKETBALL



SWIMMING



DANCE



NEW DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

FUTSAL

U6 | U8 | U10 | U13

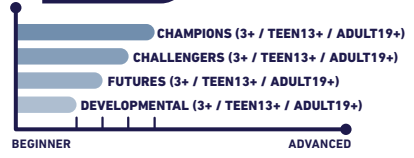
GYMNASTICS

LEVEL 3-10

PICKLEBALL



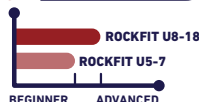
TENNIS



PARKOUR



ROCKFIT



YOGA



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR